

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Class: \_\_\_\_\_ Teacher: \_\_\_\_\_



# SuperKids Academy Word Search

Help the SuperKids rescue the school from the BLAHs by finding the health and fitness words below!

Try to find all the words hidden below.

L	M	S	S	C	P	Y	S	J	D	O	E	F	X	M
K	N	U	T	R	I	T	I	O	N	Y	A	F	B	R
J	J	Z	F	U	X	V	Q	U	G	F	R	M	R	V
I	P	Z	S	S	F	R	U	I	T	A	T	V	E	I
H	H	C	C	N	M	G	R	A	I	N	H	E	A	T
G	G	R	I	U	J	U	M	P	T	W	T	G	K	A
F	A	A	E	C	G	S	C	R	A	A	A	E	F	M
E	L	S	N	P	I	X	C	L	T	T	X	T	A	I
D	A	H	C	L	A	Z	Y	U	T	E	C	A	S	N
C	X	N	E	I	H	E	J	Q	X	R	V	B	T	S
B	Y	D	A	I	R	Y	B	V	W	O	D	L	X	Q
A	F	A	T	S	K	P	R	U	N	Y	R	E	B	G
	1	2	3	4	5	6	7	8	9	10	11	12	13	14

- |              |          |               |            |
|--------------|----------|---------------|------------|
| 1. BREAKFAST | 5. JUMP  | 9. WATER      | 13. CRASH  |
| 2. FRUIT     | 6. GRAIN | 10. VITAMINS  | 14. LAZY   |
| 3. VEGETABLE | 7. DAIRY | 11. NUTRITION | 15. GALAXY |
| 4. RUN       | 8. FATS  | 12. SCIENCE   | 16. EARTH  |