

On Reading Aristotle for the First Time

A modern reader coming to Aristotle for the first time—or for the first time in a long while—is likely to feel some sense of disorientation. The words Aristotle uses are familiar, even quite ordinary, but the world they refer to may seem strange. There is a very different sense of time—leisure is prized most, and he does not seem pressed by a concept of progress. He seems at home with nature, and feels no urgency to gain mastery by wresting hidden secrets. Reason, friendship and happiness are at the top of his personal and social goals; virtue is defined in terms of fine performance, not in terms of obedience to commands.

In one sense, our world has clearly left Aristotle's behind: we certainly know a great many things that he didn't. In another sense, however, Aristotle is speaking in quite human terms, which may be timeless -- true now as they were then. He addresses his readers simply and directly, as fellow human beings, of whatever time or place. In the *Ethics* he is in effect seeking to define what it is to be human; He seems confident that we will recognize ourselves in his text, share his insights about our common human condition, and agree. Perhaps he is addressing a world which we have forgotten, and as we read, will find is closer to us than we at first realized.

This sense of fellowship with every reader is close to the culminating insight of the *Nicomachean Ethics* itself, for the defining first principle of our human lives is shown to be fellowship, in sharing a common love of what is beautiful, true and good. We might think of the *Ethics*, then, as offered in friendship, a gift from Aristotle to us.

In reading the *Ethics*, we are dropping into the middle of a structure of thought which Aristotle has been very carefully building. The *Ethics* in fact comes at a high point of that sequence, which has begun with the works on language and logic, has gone on to the *Physics* and *Metaphysics*, and will culminate in the *Politics*, to which the *Ethics* leads. Aristotle seems to suppose, for example, that we will have our relation to the cosmos already well in mind as we set out to map out the paths of our own lives, and our relations to one another.

Aristotle's world is, first of all, whole—in modern terms, we might say his view is throughout "holistic". On the largest scale, it is a cosmos, which is to say, a beautiful thing. It is infused throughout with an inner principle of activity, which he calls nature. "Nature", here, is not a realm outside us which we confront as observers, but a principle of life with which we, too, are infused. The Greek word for "nature" is *PHYSIS*, which refers to life, or growth. We in the modern world have adopted the word, but abandoned its meaning, turning it into a realm of quantitative laws of pushes and pulls, fixing our thought on mechanism, and quite possibly losing the very idea of life itself. We today see nature as forced to move by the exercise of law; Aristotle asks us agree that it may be an organic, inner principle, and not a concatenation of external forces, which produces the light, color, and delight we still know we experience in our better moments. It is this physics of nature and life which yields a cosmos in which we humans can feel at home.

In the moral sphere, we find right away that we are in a world which includes no divine commandments or legal codes on clay tablets. In our world today, ridden by deeply held, divergent faiths, Aristotle might be asking us to set these differences aside for a moment, and reason together as members of a unified human society. We all love to know, he has observed; our minds are by nature lovers of truth, not calculative engines. In particular, we all know certain intuitive truths about the good and the just, and their opposites. That is why we suffer so deeply as we witness injustice, and strive in our as a society to shape a world which is civilized, and itself beautiful and good. Perhaps, Aristotle is suggesting, we have grounds to hope that, reasoning together, we might find our way to accord on the moral foundations of such a world.

Aristotle's style may be a bit off-putting, as it is very patient, steady and not in the least dramatic. Tradition has it that our text consists of lecture notes, and that seems quite possible; but if so, they are certainly not the rapid scribbling of a hard-pressed student in a lecture hall. These are the work of someone who has understood each turn of the thought, and taken time to capture the reasoning for us with care. The style, as a flow of statements, might seem dogmatic. But it is full, in effect, of questions, and has the sense rather of an inquiry on the part of author and reader, in a mutual search for the truth with respect to matters of first importance to us all. Each statement of Aristotle's is in effect a question, asking whether he and we are hearing the same inner voice of truth. If he is right, that voice is timeless, and nothing prevents our sitting down with Aristotle to think this thing through, one more time.

Brief Glossary to Accompany the *Ethics*:

Here are notes on a few of the terms which we meet in the selections from Aristotle's *Nicomachean Ethics*. Terms are presented more or less in the order of their appearance in the reading. English equivalents are those used in the translation by W. D. Ross, included here.

Note on transliterated Greek: É is pronounced ay; HÉ = Hay, TECHNÉ = technay, etc.

BOOK I

End, or **Goal** (TELOS): Purpose, or reason-for-doing something; not necessarily separate from the act itself.

Art (TECHNÉ): Not "fine art", but just any skill or practice, ranging from the art of a carpenter to that of the astronomer or the politician (HÉ POLITIKÉ TECHNÉ) Aristotle will speak of a "master art" (HÉ ARCHITEKNOTINKÉ TECHNÉ)

Science (EPISTEMÉ): Strictly speaking, Aristotle understands the sciences to deal with truths which are knowable and timeless, such as those of mathematics.

Good (AGATHON): That which we seek, or to which we are drawn Not necessarily something sought after separately, but may be inherent in an action itself. The good takes many forms, and these tend to be nested, with the result that Aristotle can speak of a "chief good" (TO ARISTON), that to which we are drawn most of all.

State (POLIS): "State" is surely a misleading translation, coming from a later era. Think of the Greek city-state; just a city, or community—a fellowship, which Aristotle thinks of as an outgrowth of the family.

Happiness (EUDAIMONIA): To be attended with good (EU) spirits (DAIMONA)

Function or **Work** (ERGON): Not something imposed, but rather a natural or proper activity, which, we might say, our vitality is manifested.

Activity or simply **Action** (ENERGEIA): The state of being at- (or "in-", EN) work (ERGON)—i.e. of functioning. This is where being and life inhere, and virtue and ethics arise. An especially important term for Aristotle, it is not merely motion, but a vital motion in which our ARETE' may be exhibited.

Soul (PSYCHÉ): An inner principle of motion in things which have life. Aristotle speaks elsewhere of the "vegetative soul" of plants, for example, but the human soul is that vital principle which endows human life with supreme value, and marks it as precious.

Virtue (ARETÉ): Of all the terms in the *Ethics*, this might be the one most likely to be misunderstood. "Excellence" would be one clue, "strength" would be another. It is the ability or competence to carry out your work or function. A horse has its ARETÉ—but again, the human ARETÉ is something special. Think of the gold-medal athlete. It has nothing to do with following external rules or commandments; it is more like being yourself, fully and well, in action.

State of character, Disposition, or Habit (HEXIS): One's character; the Greek suggests it's "what you *have* (ECHEIN) *in you*". Though it has translated into Latin as "habit" (HABERE), it is not a routine, but (as Ross at one point suggests) a possession: it is what we are "possessed of". Although we acquire our character by practice and under the influence of culture, Aristotle will argue that we are altogether responsible for it, and for the actions which ensue.

Nature (PHYSIS): Here, again, is major ground for misunderstanding! The Greek term derives from PHYEIN ("to grow"); hence PHYSIS is an *inner principle* of the motion of things which live, and grow. Everywhere in the cosmos, things move in this way—not by *force*, as Newton tells us, but on principle. Such motions are always toward some TELOS, some good, reflected in striving, desire, or love.

BOOK II

Ethics (TA EITHIKÉ): The "ethical" virtues are those which we acquire from our customs. Aristotle is contrasting them, at the outset of Book II, with the intellectual virtues, which are acquired by teaching and learning. Since we cannot simply choose to be good—any

more than we could decide, without training, to be a gold-medal athlete—good customs, *ethics*, lie at the foundation of human virtue.

Philosophy (PHILOSOPHIA): The activity of one who is a friend (PHILOS) of wisdom (SOPHIA).

Action (AGEIN, to act): The opposite of PASCHEIN, (see below.) Here, rather than being victims of persuasion, or obedient merely to impulse or command, we make judgments, act on our own initiative, as “agent”, and assume responsibility.

Passions, or Emotions (PATHÉ): These are what we accept, as a motion which happening to us. Behind the term is the verb PASCHEIN, the passive counterpart of the verb AGEIN.—hence, to “endure”, or, in that sense, to “suffer”. From it comes our word “passions”.

Faculty, or Ability (DYNAMIS): This is really a power or potentiality; it’s helpful to consider that it gives us “dynamite”. It’s the counterpart of ENERGEIA (“activity”, above)—*potentiality* DYNAMIS) is realized in *activity*. Leibniz brought this pair into modern physics, somewhat adjusting the semantics, as “*potential*” and “*kinetic energy*”.

BOOK III

Voluntary (HEKOUSIOS): Active choice, as contrasted with its opposite, in-voluntary A (non)—KOUSIOS going-along without exercising choice. This is not quite “free-will”, which seems to have no place in Aristotle—things, including our willing, always have causes, and in that sense are never radically “free”. We can be seriously wrong, but the result is serious error—not “sin”.

Choice (PROAIRESIS): literally, reaching forward to grasp an object within reach.

Wish (BOULEISIS): We *wish* (or “long”) for a goal (a TELOS), but we *choose* the means..

BOOK IX

Self (AUTOS): This term is tricky, as the autonomy of the “self” is so important to Aristotle’s understanding of ethics. Yet the term here is merely an intensive pronoun; I don’t think Aristotle has any free-standing noun for the modern “self”, Nonetheless, in some important sense the role of the self, as the seat of our individual activity and personal worth and responsibility, is surely central to the *Ethics*.

BOOK X

Perfect or Complete; and Imperfect or Incomplete (TELEIA, ATELEIA): An activity or motion is said to be “complete” or “perfect” only when it has achieved its end (TELOS); “imperfect” implies that it’s still just on the way. Our Latin “per-fect” (fully *made*) seems to make a similar distinction, from another point of view.

Movement, or Motion (KINESIS): Aristotle seems to think in terms of a motion as one whole, rather than as the passing moments which are its components. (We might think, for example, of one whole swing of a pendulum, or, as he suggests, a whole lifetime.)

Contemplate (THEOREIN): “To gaze upon”, or “admire”. This is the relation of mind to its object, in the intuitive act of direct, immediate knowing. (So, when we know something, we say we “see” it.) It may be helpful to think of the related term, THEATRON, “theater”.

Reason, or Intellect (NOUS): It is “reason” in this sense which is the admiring witness in the theater of intuition. NOUS is the most active of our human faculties, hence vehicle of our fullest ENERGEIA, and seat of our highest ARETE. It witnesses the highest truths (beauty, justice, the first principles of the sciences) and it does so with the fullest love. Far from our contemporary notion of the “sterile” mind!

Reasoning (LOGOS): This is the “logical” mind, proceeding step-by-step, whereas NOUS directly perceives the whole. But this is not our modern logic, for LOGOS sees intuitively the truth of each successive step.

Principle (ARCHÉ): The first principles are the starting-points in each department. In geometry, for example, they are the beginnings, or foundations, of the reasoning to follow. They are

not arbitrary “assumptions”—as we tend to say—but to the contrary, are those things which are most certain, and best known. In the order of learning, then, they are the goal, the TELOS; but in the order of knowing, and of being, they are “first”

Leisure (SCHOLÉ): Aristotle understands “leisure”—which appropriately gives us our term “school”—as something we *do*, not something we *have*. “Leisure” thus appears as a *verb*: SCHOLAZEIN, “to exercise leisure”. His parallel example, citing war and peace, is equally striking. It might be translated “*We wage war in order to wage peace.*” (AGEIN EIRENEN—“to do, or carry-on, peace.)

Law (NOMOS): Note that laws, for Aristotle, seem to be things we make, by contrast with the principles of nature, which everywhere shape the world and ourselves. Aristotle is not aware of any tablets conveying divine commandments; it up to us to use our natural intelligence to formulate the best laws we can, and then live by them!

Divine (THEIOS): The quality of god (O THEOS), or the gods. Aristotle, in effect, spells “god” with a small ‘g’; he has no thought of a personal, omnipotent creator. Yet we are in sense very close to the divine—Aristotle says that we do sometimes what god does always. So perhaps our best actions can be, quite genuinely, “divine”.

Nicomachean Ethics

by
Aristotle

Written c. 350 B.C.E
Translated by W. D. Ross

NOTE: This is an abridged version of the text, intended for the Art & Science Seminar at the California Science Center on April 15, 2006, in conjunction with the *Science Matters* panel discussion on *The Science and Ethics of Reproductive Cloning*. Missing content has been noted in the text for your reference.

BOOK I

- 1 Every art and every inquiry, and similarly every action and pursuit, is thought to aim at some good; and for this reason the good has rightly been declared to be that at which all things aim. But a certain difference is found among ends; some are activities, others are products apart from the activities that produce them. Where there are ends apart from the actions, it is the nature of the products to be better than the activities. Now, as there are many actions, arts, and sciences, their ends also are many; the end of the medical art is health, that of shipbuilding a vessel, that of strategy victory, that of economics wealth. But where such arts fall under a single capacity- as bridle-making and the other arts concerned with the equipment of horses fall under the art of riding, and this and every military action under strategy, in the same way other arts fall under yet others- in all of these the ends of the master arts are to be preferred to all the subordinate ends; for it is for the sake of the former that the latter are pursued. It makes no difference whether the activities themselves are the ends of the actions, or something else apart from the activities, as in the case of the sciences just mentioned.

- 2 If, then, there is some end of the things we do, which we desire for its own sake (everything else being desired for the sake of this), and if we do not choose everything for the sake of something else (for at that rate the process would go on to infinity, so that our desire would be empty and vain), clearly this must be the good and the chief good. Will not the knowledge of it, then, have a great influence on life? Shall we not, like archers who have a mark to aim at, be more likely to hit upon what is right? If so, we must try, in outline at least, to determine what it is, and of which of the sciences or capacities it is the object. It would seem to belong to the most authoritative art and that which is most truly the master art. And politics appears to be of this nature; for it is this that ordains which of the sciences should be studied in a state, and which each class of citizens should learn and up to what point they should learn them; and we see even the most highly esteemed of capacities to fall under this, e.g. strategy, economics, rhetoric; now, since politics uses the rest of the sciences, and since, again, it legislates as to what we are to do and what we are to abstain from, the end of this science must include those of the others, so that this end must be the good for man. For even if the end is the same for a single man and for a state, that of the state seems at all events something greater and more complete whether to attain or to preserve; though it is worth while to attain the end merely for one man, it is finer and more godlike to attain it for a nation or for city-states. These, then, are the ends at which our inquiry aims, since it is political science, in one sense of that term.

- 3 Our discussion will be adequate if it has as much clearness as the subject-matter admits of, for precision is not to be sought for alike in all discussions, any more than in all the products of the crafts. Now fine and just actions, which political science investigates, admit of much variety and fluctuation of opinion, so that they may be thought to exist only by convention, and not by nature. And goods also give rise to a similar fluctuation because they bring harm to many people; for before now men have been undone by reason of their wealth, and others by reason of their courage. We must be content, then, in speaking of such subjects and with such premisses to indicate the truth roughly and in outline, and in speaking about things which are only for the most part true and with premisses of the same kind to reach conclusions that are no better. In the same spirit, therefore, should each type of statement be received; for it is the mark of an educated man to look for precision in each class of things just so far as the nature of the subject admits; it is evidently equally foolish to accept probable reasoning from a mathematician and to demand from a rhetorician scientific proofs.

Now each man judges well the things he knows, and of these he is a good judge. And so the man who has been educated in a subject is a good judge of that subject, and the man who has received an all-round education is a good judge in general. Hence a young man is not a proper hearer of lectures on political science; for he is inexperienced in the actions that occur in life, but its discussions start from these and are about these; and, further, since he tends to follow his passions, his study will be vain and unprofitable, because the end aimed at is not knowledge but action. And it makes no difference whether he is young in years or youthful in character; the defect does not depend on time, but on his living, and pursuing each successive object, as passion directs. For to such persons, as to the incontinent, knowledge brings no profit; but to those who

desire and act in accordance with a rational principle knowledge about such matters will be of great benefit.

These remarks about the student, the sort of treatment to be expected, and the purpose of the inquiry, may be taken as our preface.

- 4 Let us resume our inquiry and state, in view of the fact that all knowledge and every pursuit aims at some good, what it is that we say political science aims at and what is the highest of all goods achievable by action. Verbally there is very general agreement; for both the general run of men and people of superior refinement say that it is happiness, and identify living well and doing well with being happy; but with regard to what happiness is they differ, and the many do not give the same account as the wise. For the former think it is some plain and obvious thing, like pleasure, wealth, or honour; they differ, however, from one another- and often even the same man identifies it with different things, with health when he is ill, with wealth when he is poor; but, conscious of their ignorance, they admire those who proclaim some great ideal that is above their comprehension. Now some thought that apart from these many goods there is another which is self-subsistent and causes the goodness of all these as well. To examine all the opinions that have been held were perhaps somewhat fruitless; enough to examine those that are most prevalent or that seem to be arguable.

Let us not fail to notice, however, that there is a difference between arguments from and those to the first principles. For Plato, too, was right in raising this question and asking, as he used to do, 'are we on the way from or to the first principles?' There is a difference, as there is in a race-course between the course from the judges to the turning-point and the way back. For, while we must begin with what is known, things are objects of knowledge in two senses- some to us, some without qualification. Presumably, then, we must begin with things known to us. Hence any one who is to listen intelligently to lectures about what is noble and just, and generally, about the subjects of political science must have been brought up in good habits. For the fact is the starting-point, and if this is sufficiently plain to him, he will not at the start need the reason as well; and the man who has been well brought up has or can easily get startingpoints. And as for him who neither has nor can get them, let him hear the words of Hesiod:

Far best is he who knows all things himself;
Good, he that hearkens when men counsel right;
But he who neither knows, nor lays to heart
Another's wisdom, is a useless wight.

- 5 Let us, however, resume our discussion from the point at which we digressed. To judge from the lives that men lead, most men, and men of the most vulgar type, seem (not without some ground) to identify the good, or happiness, with pleasure; which is the reason why they love the life of enjoyment. For there are, we may say, three prominent types of life- that just mentioned, the political, and thirdly the contemplative life. Now the mass of mankind are evidently quite slavish in their tastes, preferring a life suitable to beasts, but they get some ground for their view from the fact that many of those in high places share the tastes of Sardanapallus. A consideration of the prominent types of life shows that people of superior refinement and of active disposition identify happiness with honour; for this is, roughly speaking, the end of the political life. But it seems too superficial to be what we are looking for, since it is thought to depend on those who bestow honour rather than on him who receives it, but the good we divine to be something proper to a man and not easily taken from him. Further, men seem to pursue honour in order that they may be assured of their goodness; at least it is by men of practical wisdom that they seek to be honoured, and among those who know them, and on the ground of their virtue; clearly, then, according to them, at any rate, virtue is better. And perhaps one might even suppose this to be, rather than honour, the end of the political life. But even this appears somewhat incomplete; for possession of virtue seems actually compatible with being asleep, or with lifelong inactivity, and, further, with the greatest sufferings and misfortunes; but a man who was living so no one would call happy, unless he were maintaining a thesis at all costs. But enough of this; for the subject has been sufficiently treated even in the current discussions. Third comes the contemplative life, which we shall consider later.

The life of money-making is one undertaken under compulsion, and wealth is evidently not the good we are seeking; for it is merely useful and for the sake of something else. And so one might rather take the aforementioned objects to be ends; for they are loved for themselves. But it is evident that not even these are ends; yet many arguments have been thrown away in support of them. Let us leave this subject, then.

[section 6 removed]

- 7 Let us again return to the good we are seeking, and ask what it can be. It seems different in different actions and arts; it is different in medicine, in strategy, and in the other arts likewise. What then is the good of each? Surely that for whose sake everything else is done. In medicine this is health, in strategy victory, in architecture a house, in any other sphere something else, and in every action and pursuit the end; for it is for the sake of this that all men do whatever else they do. Therefore, if there is an end for all that we do, this will be the good achievable by action, and if there are more than one, these will be the goods achievable by action.

So the argument has by a different course reached the same point; but we must try to state this even more clearly. Since there are evidently more than one end, and we choose some of these (e.g. wealth, flutes, and in general instruments) for the sake of something else, clearly not all ends are final ends; but the chief good is evidently something final. Therefore, if there is only one final end, this will be what we are seeking, and if there are more than one, the most final of these will be what we are seeking. Now we call that which is in itself worthy of pursuit more final than that which is worthy of pursuit for the sake of something else, and that which is never desirable for the sake of something else more final than the things that are desirable both in themselves and for the sake of that other thing, and therefore we call final without qualification that which is always desirable in itself and never for the sake of something else.

Now such a thing happiness, above all else, is held to be; for this we choose always for self and never for the sake of something else, but honour, pleasure, reason, and every virtue we choose indeed for themselves (for if nothing resulted from them we should still choose each of them), but we choose them also for the sake of happiness, judging that by means of them we shall be happy. Happiness, on the other hand, no one chooses for the sake of these, nor, in general, for anything other than itself.

From the point of view of self-sufficiency the same result seems to follow; for the final good is thought to be self-sufficient. Now by self-sufficient we do not mean that which is sufficient for a man by himself, for one who lives a solitary life, but also for parents, children, wife, and in general for his friends and fellow citizens, since man is born for citizenship. But some limit must be set to this; for if we extend our requirement to ancestors and descendants and friends' friends we are in for an infinite series. Let us examine this question, however, on another occasion; the self-sufficient we now define as that which when isolated makes life desirable and lacking in nothing; and such we think happiness to be; and further we think it most desirable of all things, without being counted as one good thing among others- if it were so counted it would clearly be made more desirable by the addition of even the least of goods; for that which is added becomes an excess of goods, and of goods the greater is always more desirable. Happiness, then, is something final and self-sufficient, and is the end of action.

Presumably, however, to say that happiness is the chief good seems a platitude, and a clearer account of what it is still desired. This might perhaps be given, if we could first ascertain the function of man. For just as for a flute-player, a sculptor, or an artist, and, in general, for all things that have a function or activity, the good and the 'well' is thought to reside in the function, so would it seem to be for man, if he has a function. Have the carpenter, then, and the tanner certain functions or activities, and has man none? Is he born without a function? Or as eye, hand, foot, and in general each of the parts evidently has a function, may one lay it down that man similarly has a function apart from all these? What then can this be? Life seems to be common even to plants, but we are seeking what is peculiar to man. Let us exclude, therefore, the life of nutrition and growth. Next there would be a life of perception, but it also seems to be common even to the horse, the ox, and every animal. There remains, then, an active life of the element that has a rational principle; of this, one part has such a principle in the sense of being obedient to one, the

other in the sense of possessing one and exercising thought. And, as 'life of the rational element' also has two meanings, we must state that life in the sense of activity is what we mean; for this seems to be the more proper sense of the term. Now if the function of man is an activity of soul which follows or implies a rational principle, and if we say 'so-and-so-and' a good so-and-so' have a function which is the same in kind, e.g. a lyre, and a good lyre-player, and so without qualification in all cases, eminence in respect of goodness being added to the name of the function (for the function of a lyre-player is to play the lyre, and that of a good lyre-player is to do so well): if this is the case, and we state the function of man to be a certain kind of life, and this to be an activity or actions of the soul implying a rational principle, and the function of a good man to be the good and noble performance of these, and if any action is well performed when it is performed in accordance with the appropriate excellence: if this is the case, human good turns out to be activity of soul in accordance with virtue, and if there are more than one virtue, in accordance with the best and most complete.

But we must add 'in a complete life.' For one swallow does not make a summer, nor does one day; and so too one day, or a short time, does not make a man blessed and happy.

Let this serve as an outline of the good; for we must presumably first sketch it roughly, and then later fill in the details. But it would seem that any one is capable of carrying on and articulating what has once been well outlined, and that time is a good discoverer or partner in such a work; to which facts the advances of the arts are due; for any one can add what is lacking. And we must also remember what has been said before, and not look for precision in all things alike, but in each class of things such precision as accords with the subject-matter, and so much as is appropriate to the inquiry. For a carpenter and a geometer investigate the right angle in different ways; the former does so in so far as the right angle is useful for his work, while the latter inquires what it is or what sort of thing it is; for he is a spectator of the truth. We must act in the same way, then, in all other matters as well, that our main task may not be subordinated to minor questions. Nor must we demand the cause in all matters alike; it is enough in some cases that the fact be well established, as in the case of the first principles; the fact is the primary thing or first principle. Now of first principles we see some by induction, some by perception, some by a certain habituation, and others too in other ways. But each set of principles we must try to investigate in the natural way, and we must take pains to state them definitely, since they have a great influence on what follows. For the beginning is thought to be more than half of the whole, and many of the questions we ask are cleared up by it.

- 8 We must consider it, however, in the light not only of our conclusion and our premisses, but also of what is commonly said about it; for with a true view all the data harmonize, but with a false one the facts soon clash. Now goods have been divided into three classes, and some are described as external, others as relating to soul or to body; we call those that relate to soul most properly and truly goods, and psychological actions and activities we class as relating to soul. Therefore our account must be sound, at least according to this view, which is an old one and agreed on by philosophers. It is correct also in that we identify the end with certain actions and activities; for thus it falls among goods of the soul and not among external goods. Another belief which harmonizes with our account is that the happy man lives well and does well; for we have practically defined happiness as a sort of good life and good action. The characteristics that are looked for in happiness seem also, all of them, to belong to what we have defined happiness as being. For some identify happiness with virtue, some with practical wisdom, others with a kind of philosophic wisdom, others with these, or one of these, accompanied by pleasure or not without pleasure; while others include also external prosperity. Now some of these views have been held by many men and men of old, others by a few eminent persons; and it is not probable that either of these should be entirely mistaken, but rather that they should be right in at least some one respect or even in most respects.

With those who identify happiness with virtue or some one virtue our account is in harmony; for to virtue belongs virtuous activity. But it makes, perhaps, no small difference whether we place the chief good in possession or in use, in state of mind or in activity. For the state of mind may exist without producing any good result, as in a man who is asleep or in some other way quite inactive, but the activity cannot; for one who has the activity will of necessity be acting, and acting well. And as in the Olympic Games it is not the most beautiful and the strongest that are

crowned but those who compete (for it is some of these that are victorious), so those who act win, and rightly win, the noble and good things in life.

Their life is also in itself pleasant. For pleasure is a state of soul, and to each man that which he is said to be a lover of is pleasant; e.g. not only is a horse pleasant to the lover of horses, and a spectacle to the lover of sights, but also in the same way just acts are pleasant to the lover of justice and in general virtuous acts to the lover of virtue. Now for most men their pleasures are in conflict with one another because these are not by nature pleasant, but the lovers of what is noble find pleasant the things that are by nature pleasant; and virtuous actions are such, so that these are pleasant for such men as well as in their own nature. Their life, therefore, has no further need of pleasure as a sort of adventitious charm, but has its pleasure in itself. For, besides what we have said, the man who does not rejoice in noble actions is not even good; since no one would call a man just who did not enjoy acting justly, nor any man liberal who did not enjoy liberal actions; and similarly in all other cases. If this is so, virtuous actions must be in themselves pleasant. But they are also good and noble, and have each of these attributes in the highest degree, since the good man judges well about these attributes; his judgement is such as we have described. Happiness then is the best, noblest, and most pleasant thing in the world, and these attributes are not severed as in the inscription at Delos-

Most noble is that which is justest, and best is health;
But pleasantest is it to win what we love.

For all these properties belong to the best activities; and these, or one- the best- of these, we identify with happiness.

Yet evidently, as we said, it needs the external goods as well; for it is impossible, or not easy, to do noble acts without the proper equipment. In many actions we use friends and riches and political power as instruments; and there are some things the lack of which takes the lustre from happiness, as good birth, goodly children, beauty; for the man who is very ugly in appearance or ill-born or solitary and childless is not very likely to be happy, and perhaps a man would be still less likely if he had thoroughly bad children or friends or had lost good children or friends by death. As we said, then, happiness seems to need this sort of prosperity in addition; for which reason some identify happiness with good fortune, though others identify it with virtue.

- 9 For this reason also the question is asked, whether happiness is to be acquired by learning or by habituation or some other sort of training, or comes in virtue of some divine providence or again by chance. Now if there is any gift of the gods to men, it is reasonable that happiness should be god-given, and most surely god-given of all human things inasmuch as it is the best. But this question would perhaps be more appropriate to another inquiry; happiness seems, however, even if it is not god-sent but comes as a result of virtue and some process of learning or training, to be among the most godlike things; for that which is the prize and end of virtue seems to be the best thing in the world, and something godlike and blessed.

It will also on this view be very generally shared; for all who are not maimed as regards their potentiality for virtue may win it by a certain kind of study and care. But if it is better to be happy thus than by chance, it is reasonable that the facts should be so, since everything that depends on the action of nature is by nature as good as it can be, and similarly everything that depends on art or any rational cause, and especially if it depends on the best of all causes. To entrust to chance what is greatest and most noble would be a very defective arrangement.

The answer to the question we are asking is plain also from the definition of happiness; for it has been said to be a virtuous activity of soul, of a certain kind. Of the remaining goods, some must necessarily pre-exist as conditions of happiness, and others are naturally co-operative and useful as instruments. And this will be found to agree with what we said at the outset; for we stated the end of political science to be the best end, and political science spends most of its pains on making the citizens to be of a certain character, viz. good and capable of noble acts.

It is natural, then, that we call neither ox nor horse nor any other of the animals happy; for none of them is capable of sharing in such activity. For this reason also a boy is not happy; for he is not

yet capable of such acts, owing to his age; and boys who are called happy are being congratulated by reason of the hopes we have for them. For there is required, as we said, not only complete virtue but also a complete life, since many changes occur in life, and all manner of chances, and the most prosperous may fall into great misfortunes in old age, as is told of Priam in the Trojan Cycle; and one who has experienced such chances and has ended wretchedly no one calls happy.

- 10** Must no one at all, then, be called happy while he lives; must we, as Solon says, see the end? Even if we are to lay down this doctrine, is it also the case that a man is happy when he is dead? Or is not this quite absurd, especially for us who say that happiness is an activity? But if we do not call the dead man happy, and if Solon does not mean this, but that one can then safely call a man blessed as being at last beyond evils and misfortunes, this also affords matter for discussion; for both evil and good are thought to exist for a dead man, as much as for one who is alive but not aware of them; e.g. honours and dishonours and the good or bad fortunes of children and in general of descendants. And this also presents a problem; for though a man has lived happily up to old age and has had a death worthy of his life, many reverses may befall his descendants—some of them may be good and attain the life they deserve, while with others the opposite may be the case; and clearly too the degrees of relationship between them and their ancestors may vary indefinitely. It would be odd, then, if the dead man were to share in these changes and become at one time happy, at another wretched; while it would also be odd if the fortunes of the descendants did not for some time have some effect on the happiness of their ancestors.

But we must return to our first difficulty; for perhaps by a consideration of it our present problem might be solved. Now if we must see the end and only then call a man happy, not as being happy but as having been so before, surely this is a paradox, that when he is happy the attribute that belongs to him is not to be truly predicated of him because we do not wish to call living men happy, on account of the changes that may befall them, and because we have assumed happiness to be something permanent and by no means easily changed, while a single man may suffer many turns of fortune's wheel. For clearly if we were to keep pace with his fortunes, we should often call the same man happy and again wretched, making the happy man out to be chameleon and insecurely based. Or is this keeping pace with his fortunes quite wrong? Success or failure in life does not depend on these, but human life, as we said, needs these as mere additions, while virtuous activities or their opposites are what constitute happiness or the reverse.

The question we have now discussed confirms our definition. For no function of man has so much permanence as virtuous activities (these are thought to be more durable even than knowledge of the sciences), and of these themselves the most valuable are more durable because those who are happy spend their life most readily and most continuously in these; for this seems to be the reason why we do not forget them. The attribute in question, then, will belong to the happy man, and he will be happy throughout his life; for always, or by preference to everything else, he will be engaged in virtuous action and contemplation, and he will bear the chances of life most nobly and altogether decorously, if he is 'truly good' and 'foursquare beyond reproach'.

Now many events happen by chance, and events differing in importance; small pieces of good fortune or of its opposite clearly do not weigh down the scales of life one way or the other, but a multitude of great events if they turn out well will make life happier (for not only are they themselves such as to add beauty to life, but the way a man deals with them may be noble and good), while if they turn out ill they crush and maim happiness; for they both bring pain with them and hinder many activities. Yet even in these nobility shines through, when a man bears with resignation many great misfortunes, not through insensibility to pain but through nobility and greatness of soul.

If activities are, as we said, what gives life its character, no happy man can become miserable; for he will never do the acts that are hateful and mean. For the man who is truly good and wise, we think, bears all the chances life becomingly and always makes the best of circumstances, as a good general makes the best military use of the army at his command and a good shoemaker makes the best shoes out of the hides that are given him; and so with all other craftsmen. And if this is the case, the happy man can never become miserable; though he will not reach blessedness, if he meet with fortunes like those of Priam.

Nor, again, is he many-coloured and changeable; for neither will he be moved from his happy state easily or by any ordinary misadventures, but only by many great ones, nor, if he has had many great misadventures, will he recover his happiness in a short time, but if at all, only in a long and complete one in which he has attained many splendid successes.

When then should we not say that he is happy who is active in accordance with complete virtue and is sufficiently equipped with external goods, not for some chance period but throughout a complete life? Or must we add 'and who is destined to live thus and die as befits his life'? Certainly the future is obscure to us, while happiness, we claim, is an end and something in every way final. If so, we shall call happy those among living men in whom these conditions are, and are to be, fulfilled- but happy men. So much for these questions.

11 That the fortunes of descendants and of all a man's friends should not affect his happiness at all seems a very unfriendly doctrine, and one opposed to the opinions men hold; but since the events that happen are numerous and admit of all sorts of difference, and some come more near to us and others less so, it seems a long- nay, an infinite- task to discuss each in detail; a general outline will perhaps suffice. If, then, as some of a man's own misadventures have a certain weight and influence on life while others are, as it were, lighter, so too there are differences among the misadventures of our friends taken as a whole, and it makes a difference whether the various suffering befall the living or the dead (much more even than whether lawless and terrible deeds are presupposed in a tragedy or done on the stage), this difference also must be taken into account; or rather, perhaps, the fact that doubt is felt whether the dead share in any good or evil. For it seems, from these considerations, that even if anything whether good or evil penetrates to them, it must be something weak and negligible, either in itself or for them, or if not, at least it must be such in degree and kind as not to make happy those who are not happy nor to take away their blessedness from those who are. The good or bad fortunes of friends, then, seem to have some effects on the dead, but effects of such a kind and degree as neither to make the happy unhappy nor to produce any other change of the kind.

12 These questions having been definitely answered, let us consider whether happiness is among the things that are praised or rather among the things that are prized; for clearly it is not to be placed among potentialities. Everything that is praised seems to be praised because it is of a certain kind and is related somehow to something else; for we praise the just or brave man and in general both the good man and virtue itself because of the actions and functions involved, and we praise the strong man, the good runner, and so on, because he is of a certain kind and is related in a certain way to something good and important. This is clear also from the praises of the gods; for it seems absurd that the gods should be referred to our standard, but this is done because praise involves a reference, to something else. But if praise is for things such as we have described, clearly what applies to the best things is not praise, but something greater and better, as is indeed obvious; for what we do to the gods and the most godlike of men is to call them blessed and happy. And so too with good things; no one praises happiness as he does justice, but rather calls it blessed, as being something more divine and better.

Eudoxus also seems to have been right in his method of advocating the supremacy of pleasure; he thought that the fact that, though a good, it is not praised indicated it to be better than the things that are praised, and that this is what God and the good are; for by reference to these all other things are judged. Praise is appropriate to virtue, for as a result of virtue men tend to do noble deeds, but encomia are bestowed on acts, whether of the body or of the soul. But perhaps nicety in these matters is more proper to those who have made a study of encomia; to us it is clear from what has been said that happiness is among the things that are prized and perfect. It seems to be so also from the fact that it is a first principle; for it is for the sake of this that we all do all that we do, and the first principle and cause of goods is, we claim, something prized and divine.

13 Since happiness is an activity of soul in accordance with perfect virtue, we must consider the nature of virtue; for perhaps we shall thus see better the nature of happiness. The true student of politics, too, is thought to have studied virtue above all things; for he wishes to make his fellow citizens good and obedient to the laws. As an example of this we have the lawgivers of the Cretans and the Spartans, and any others of the kind that there may have been. And if this

inquiry belongs to political science, clearly the pursuit of it will be in accordance with our original plan. But clearly the virtue we must study is human virtue; for the good we were seeking was human good and the happiness human happiness. By human virtue we mean not that of the body but that of the soul; and happiness also we call an activity of soul. But if this is so, clearly the student of politics must know somehow the facts about soul, as the man who is to heal the eyes or the body as a whole must know about the eyes or the body; and all the more since politics is more prized and better than medicine; but even among doctors the best educated spend much labour on acquiring knowledge of the body. The student of politics, then, must study the soul, and must study it with these objects in view, and do so just to the extent which is sufficient for the questions we are discussing; for further precision is perhaps something more laborious than our purposes require.

Some things are said about it, adequately enough, even in the discussions outside our school, and we must use these; e.g. that one element in the soul is irrational and one has a rational principle. Whether these are separated as the parts of the body or of anything divisible are, or are distinct by definition but by nature inseparable, like convex and concave in the circumference of a circle, does not affect the present question.

Of the irrational element one division seems to be widely distributed, and vegetative in its nature, I mean that which causes nutrition and growth; for it is this kind of power of the soul that one must assign to all nurslings and to embryos, and this same power to fullgrown creatures; this is more reasonable than to assign some different power to them. Now the excellence of this seems to be common to all species and not specifically human; for this part or faculty seems to function most in sleep, while goodness and badness are least manifest in sleep (whence comes the saying that the happy are not better off than the wretched for half their lives; and this happens naturally enough, since sleep is an inactivity of the soul in that respect in which it is called good or bad), unless perhaps to a small extent some of the movements actually penetrate to the soul, and in this respect the dreams of good men are better than those of ordinary people. Enough of this subject, however; let us leave the nutritive faculty alone, since it has by its nature no share in human excellence.

There seems to be also another irrational element in the soul—one which in a sense, however, shares in a rational principle. For we praise the rational principle of the continent man and of the incontinent, and the part of their soul that has such a principle, since it urges them aright and towards the best objects; but there is found in them also another element naturally opposed to the rational principle, which fights against and resists that principle. For exactly as paralysed limbs when we intend to move them to the right turn on the contrary to the left, so is it with the soul; the impulses of incontinent people move in contrary directions. But while in the body we see that which moves astray, in the soul we do not. No doubt, however, we must none the less suppose that in the soul too there is something contrary to the rational principle, resisting and opposing it. In what sense it is distinct from the other elements does not concern us. Now even this seems to have a share in a rational principle, as we said; at any rate in the continent man it obeys the rational principle and presumably in the temperate and brave man it is still more obedient; for in him it speaks, on all matters, with the same voice as the rational principle.

Therefore the irrational element also appears to be two-fold. For the vegetative element in no way shares in a rational principle, but the appetitive and in general the desiring element in a sense shares in it, in so far as it listens to and obeys it; this is the sense in which we speak of 'taking account' of one's father or one's friends, not that in which we speak of 'accounting for a mathematical property. That the irrational element is in some sense persuaded by a rational principle is indicated also by the giving of advice and by all reproof and exhortation. And if this element also must be said to have a rational principle, that which has a rational principle (as well as that which has not) will be twofold, one subdivision having it in the strict sense and in itself, and the other having a tendency to obey as one does one's father.

Virtue too is distinguished into kinds in accordance with this difference; for we say that some of the virtues are intellectual and others moral, philosophic wisdom and understanding and practical wisdom being intellectual, liberality and temperance moral. For in speaking about a man's character we do not say that he is wise or has understanding but that he is good-tempered

or temperate; yet we praise the wise man also with respect to his state of mind; and of states of mind we call those which merit praise virtues.

BOOK II

[sections 1-3 removed]

- 4 The question might be asked,; what we mean by saying that we must become just by doing just acts, and temperate by doing temperate acts; for if men do just and temperate acts, they are already just and temperate, exactly as, if they do what is in accordance with the laws of grammar and of music, they are grammarians and musicians.

Or is this not true even of the arts? It is possible to do something that is in accordance with the laws of grammar, either by chance or at the suggestion of another. A man will be a grammarian, then, only when he has both done something grammatical and done it grammatically; and this means doing it in accordance with the grammatical knowledge in himself.

Again, the case of the arts and that of the virtues are not similar; for the products of the arts have their goodness in themselves, so that it is enough that they should have a certain character, but if the acts that are in accordance with the virtues have themselves a certain character it does not follow that they are done justly or temperately. The agent also must be in a certain condition when he does them; in the first place he must have knowledge, secondly he must choose the acts, and choose them for their own sakes, and thirdly his action must proceed from a firm and unchangeable character. These are not reckoned in as conditions of the possession of the arts, except the bare knowledge; but as a condition of the possession of the virtues knowledge has little or no weight, while the other conditions count not for a little but for everything, i.e. the very conditions which result from often doing just and temperate acts.

Actions, then, are called just and temperate when they are such as the just or the temperate man would do; but it is not the man who does these that is just and temperate, but the man who also does them as just and temperate men do them. It is well said, then, that it is by doing just acts that the just man is produced, and by doing temperate acts the temperate man; without doing these no one would have even a prospect of becoming good.

But most people do not do these, but take refuge in theory and think they are being philosophers and will become good in this way, behaving somewhat like patients who listen attentively to their doctors, but do none of the things they are ordered to do. As the latter will not be made well in body by such a course of treatment, the former will not be made well in soul by such a course of philosophy.

- 5 Next we must consider what virtue is. Since things that are found in the soul are of three kinds—passions, faculties, states of character, virtue must be one of these. By passions I mean appetite, anger, fear, confidence, envy, joy, friendly feeling, hatred, longing, emulation, pity, and in general the feelings that are accompanied by pleasure or pain; by faculties the things in virtue of which we are said to be capable of feeling these, e.g. of becoming angry or being pained or feeling pity; by states of character the things in virtue of which we stand well or badly with reference to the passions, e.g. with reference to anger we stand badly if we feel it violently or too weakly, and well if we feel it moderately; and similarly with reference to the other passions.

Now neither the virtues nor the vices are passions, because we are not called good or bad on the ground of our passions, but are so called on the ground of our virtues and our vices, and because we are neither praised nor blamed for our passions (for the man who feels fear or anger is not praised, nor is the man who simply feels anger blamed, but the man who feels it in a certain way), but for our virtues and our vices we are praised or blamed.

Again, we feel anger and fear without choice, but the virtues are modes of choice or involve choice. Further, in respect of the passions we are said to be moved, but in respect of the virtues and the vices we are said not to be moved but to be disposed in a particular way.

For these reasons also they are not faculties; for we are neither called good nor bad, nor praised nor blamed, for the simple capacity of feeling the passions; again, we have the faculties by nature,

but we are not made good or bad by nature; we have spoken of this before. If, then, the virtues are neither passions nor faculties, all that remains is that they should be states of character.

Thus we have stated what virtue is in respect of its genus.

- 6 We must, however, not only describe virtue as a state of character, but also say what sort of state it is. We may remark, then, that every virtue or excellence both brings into good condition the thing of which it is the excellence and makes the work of that thing be done well; e.g. the excellence of the eye makes both the eye and its work good; for it is by the excellence of the eye that we see well. Similarly the excellence of the horse makes a horse both good in itself and good at running and at carrying its rider and at awaiting the attack of the enemy. Therefore, if this is true in every case, the virtue of man also will be the state of character which makes a man good and which makes him do his own work well.

How this is to happen we have stated already, but it will be made plain also by the following consideration of the specific nature of virtue. In everything that is continuous and divisible it is possible to take more, less, or an equal amount, and that either in terms of the thing itself or relatively to us; and the equal is an intermediate between excess and defect. By the intermediate in the object I mean that which is equidistant from each of the extremes, which is one and the same for all men; by the intermediate relatively to us that which is neither too much nor too little- and this is not one, nor the same for all. For instance, if ten is many and two is few, six is the intermediate, taken in terms of the object; for it exceeds and is exceeded by an equal amount; this is intermediate according to arithmetical proportion. But the intermediate relatively to us is not to be taken so; if ten pounds are too much for a particular person to eat and two too little, it does not follow that the trainer will order six pounds; for this also is perhaps too much for the person who is to take it, or too little- too little for Milo, too much for the beginner in athletic exercises. The same is true of running and wrestling. Thus a master of any art avoids excess and defect, but seeks the intermediate and chooses this- the intermediate not in the object but relatively to us.

If it is thus, then, that every art does its work well- by looking to the intermediate and judging its works by this standard (so that we often say of good works of art that it is not possible either to take away or to add anything, implying that excess and defect destroy the goodness of works of art, while the mean preserves it; and good artists, as we say, look to this in their work), and if, further, virtue is more exact and better than any art, as nature also is, then virtue must have the quality of aiming at the intermediate. I mean moral virtue; for it is this that is concerned with passions and actions, and in these there is excess, defect, and the intermediate. For instance, both fear and confidence and appetite and anger and pity and in general pleasure and pain may be felt both too much and too little, and in both cases not well; but to feel them at the right times, with reference to the right objects, towards the right people, with the right motive, and in the right way, is what is both intermediate and best, and this is characteristic of virtue. Similarly with regard to actions also there is excess, defect, and the intermediate. Now virtue is concerned with passions and actions, in which excess is a form of failure, and so is defect, while the intermediate is praised and is a form of success; and being praised and being successful are both characteristics of virtue. Therefore virtue is a kind of mean, since, as we have seen, it aims at what is intermediate.

Again, it is possible to fail in many ways (for evil belongs to the class of the unlimited, as the Pythagoreans conjectured, and good to that of the limited), while to succeed is possible only in one way (for which reason also one is easy and the other difficult- to miss the mark easy, to hit it difficult); for these reasons also, then, excess and defect are characteristic of vice, and the mean of virtue;

For men are good in but one way, but bad in many.

Virtue, then, is a state of character concerned with choice, lying in a mean, i.e. the mean relative to us, this being determined by a rational principle, and by that principle by which the man of practical wisdom would determine it. Now it is a mean between two vices, that which depends on excess and that which depends on defect; and again it is a mean because the vices respectively fall short of or exceed what is right in both passions and actions, while virtue both finds and

chooses that which is intermediate. Hence in respect of its substance and the definition which states its essence virtue is a mean, with regard to what is best and right an extreme.

But not every action nor every passion admits of a mean; for some have names that already imply badness, e.g. spite, shamelessness, envy, and in the case of actions adultery, theft, murder; for all of these and suchlike things imply by their names that they are themselves bad, and not the excesses or deficiencies of them. It is not possible, then, ever to be right with regard to them; one must always be wrong. Nor does goodness or badness with regard to such things depend on committing adultery with the right woman, at the right time, and in the right way, but simply to do any of them is to go wrong. It would be equally absurd, then, to expect that in unjust, cowardly, and voluptuous action there should be a mean, an excess, and a deficiency; for at that rate there would be a mean of excess and of deficiency, an excess of excess, and a deficiency of deficiency. But as there is no excess and deficiency of temperance and courage because what is intermediate is in a sense an extreme, so too of the actions we have mentioned there is no mean nor any excess and deficiency, but however they are done they are wrong; for in general there is neither a mean of excess and deficiency, nor excess and deficiency of a mean.

- 7 We must, however, not only make this general statement, but also apply it to the individual facts. For among statements about conduct those which are general apply more widely, but those which are particular are more genuine, since conduct has to do with individual cases, and our statements must harmonize with the facts in these cases. We may take these cases from our table. With regard to feelings of fear and confidence courage is the mean; of the people who exceed, he who exceeds in fearlessness has no name (many of the states have no name), while the man who exceeds in confidence is rash, and he who exceeds in fear and falls short in confidence is a coward. With regard to pleasures and pains- not all of them, and not so much with regard to the pains- the mean is temperance, the excess self-indulgence. Persons deficient with regard to the pleasures are not often found; hence such persons also have received no name. But let us call them 'insensible'.

With regard to giving and taking of money the mean is liberality, the excess and the defect prodigality and meanness. In these actions people exceed and fall short in contrary ways; the prodigal exceeds in spending and falls short in taking, while the mean man exceeds in taking and falls short in spending. (At present we are giving a mere outline or summary, and are satisfied with this; later these states will be more exactly determined.) With regard to money there are also other dispositions- a mean, magnificence (for the magnificent man differs from the liberal man; the former deals with large sums, the latter with small ones), an excess, tastelessness and vulgarity, and a deficiency, niggardliness; these differ from the states opposed to liberality, and the mode of their difference will be stated later. With regard to honour and dishonour the mean is proper pride, the excess is known as a sort of 'empty vanity', and the deficiency is undue humility; and as we said liberality was related to magnificence, differing from it by dealing with small sums, so there is a state similarly related to proper pride, being concerned with small honours while that is concerned with great. For it is possible to desire honour as one ought, and more than one ought, and less, and the man who exceeds in his desires is called ambitious, the man who falls short unambitious, while the intermediate person has no name. The dispositions also are nameless, except that that of the ambitious man is called ambition. Hence the people who are at the extremes lay claim to the middle place; and we ourselves sometimes call the intermediate person ambitious and sometimes unambitious, and sometimes praise the ambitious man and sometimes the unambitious. The reason of our doing this will be stated in what follows; but now let us speak of the remaining states according to the method which has been indicated.

With regard to anger also there is an excess, a deficiency, and a mean. Although they can scarcely be said to have names, yet since we call the intermediate person good-tempered let us call the mean good temper; of the persons at the extremes let the one who exceeds be called irascible, and his vice irascibility, and the man who falls short an inirascible sort of person, and the deficiency inirascibility.

There are also three other means, which have a certain likeness to one another, but differ from one another: for they are all concerned with intercourse in words and actions, but differ in that one is concerned with truth in this sphere, the other two with pleasantness; and of this one kind

is exhibited in giving amusement, the other in all the circumstances of life. We must therefore speak of these too, that we may the better see that in all things the mean is praise-worthy, and the extremes neither praiseworthy nor right, but worthy of blame. Now most of these states also have no names, but we must try, as in the other cases, to invent names ourselves so that we may be clear and easy to follow. With regard to truth, then, the intermediate is a truthful sort of person and the mean may be called truthfulness, while the pretence which exaggerates is boastfulness and the person characterized by it a boaster, and that which understates is mock modesty and the person characterized by it mock-modest. With regard to pleasantness in the giving of amusement the intermediate person is ready-witted and the disposition ready wit, the excess is buffoonery and the person characterized by it a buffoon, while the man who falls short is a sort of boor and his state is boorishness. With regard to the remaining kind of pleasantness, that which is exhibited in life in general, the man who is pleasant in the right way is friendly and the mean is friendliness, while the man who exceeds is an obsequious person if he has no end in view, a flatterer if he is aiming at his own advantage, and the man who falls short and is unpleasant in all circumstances is a quarrelsome and surly sort of person.

There are also means in the passions and concerned with the passions; since shame is not a virtue, and yet praise is extended to the modest man. For even in these matters one man is said to be intermediate, and another to exceed, as for instance the bashful man who is ashamed of everything; while he who falls short or is not ashamed of anything at all is shameless, and the intermediate person is modest. Righteous indignation is a mean between envy and spite, and these states are concerned with the pain and pleasure that are felt at the fortunes of our neighbours; the man who is characterized by righteous indignation is pained at undeserved good fortune, the envious man, going beyond him, is pained at all good fortune, and the spiteful man falls so far short of being pained that he even rejoices. But these states there will be an opportunity of describing elsewhere; with regard to justice, since it has not one simple meaning, we shall, after describing the other states, distinguish its two kinds and say how each of them is a mean; and similarly we shall treat also of the rational virtues.

[sections 8 and 9 removed]

BOOK III

1 Since virtue is concerned with passions and actions, and on voluntary passions and actions praise and blame are bestowed, on those that are involuntary pardon, and sometimes also pity, to distinguish the voluntary and the involuntary is presumably necessary for those who are studying the nature of virtue, and useful also for legislators with a view to the assigning both of honours and of punishments. Those things, then, are thought-involuntary, which take place under compulsion or owing to ignorance; and that is compulsory of which the moving principle is outside, being a principle in which nothing is contributed by the person who is acting or is feeling the passion, e.g. if he were to be carried somewhere by a wind, or by men who had him in their power.

But with regard to the things that are done from fear of greater evils or for some noble object (e.g. if a tyrant were to order one to do something base, having one's parents and children in his power, and if one did the action they were to be saved, but otherwise would be put to death), it may be debated whether such actions are involuntary or voluntary. Something of the sort happens also with regard to the throwing of goods overboard in a storm; for in the abstract no one throws goods away voluntarily, but on condition of its securing the safety of himself and his crew any sensible man does so. Such actions, then, are mixed, but are more like voluntary actions; for they are worthy of choice at the time when they are done, and the end of an action is relative to the occasion. Both the terms, then, 'voluntary' and 'involuntary', must be used with reference to the moment of action. Now the man acts voluntarily; for the principle that moves the instrumental parts of the body in such actions is in him, and the things of which the moving principle is in a man himself are in his power to do or not to do. Such actions, therefore, are voluntary, but in the abstract perhaps involuntary; for no one would choose any such act in itself.

For such actions men are sometimes even praised, when they endure something base or painful in return for great and noble objects gained; in the opposite case they are blamed, since to endure the greatest indignities for no noble end or for a trifling end is the mark of an inferior person. On some actions praise indeed is not bestowed, but pardon is, when one does what he ought not under pressure which overstrains human nature and which no one could withstand. But some acts, perhaps, we cannot be forced to do, but ought rather to face death after the most fearful sufferings; for the things that 'forced' Euripides Alcmaeon to slay his mother seem absurd. It is difficult sometimes to determine what should be chosen at what cost, and what should be endured in return for what gain, and yet more difficult to abide by our decisions; for as a rule what is expected is painful, and what we are forced to do is base, whence praise and blame are bestowed on those who have been compelled or have not.

What sort of acts, then, should be called compulsory? We answer that without qualification actions are so when the cause is in the external circumstances and the agent contributes nothing. But the things that in themselves are involuntary, but now and in return for these gains are worthy of choice, and whose moving principle is in the agent, are in themselves involuntary, but now and in return for these gains voluntary. They are more like voluntary acts; for actions are in the class of particulars, and the particular acts here are voluntary. What sort of things are to be chosen, and in return for what, it is not easy to state; for there are many differences in the particular cases.

But if some one were to say that pleasant and noble objects have a compelling power, forcing us from without, all acts would be for him compulsory; for it is for these objects that all men do everything they do. And those who act under compulsion and unwillingly act with pain, but those who do acts for their pleasantness and nobility do them with pleasure; it is absurd to make external circumstances responsible, and not oneself, as being easily caught by such attractions, and to make oneself responsible for noble acts but the pleasant objects responsible for base acts. The compulsory, then, seems to be that whose moving principle is outside, the person compelled contributing nothing.

Everything that is done by reason of ignorance is not voluntary; it is only what produces pain and repentance that is involuntary. For the man who has done something owing to ignorance,

and feels not the least vexation at his action, has not acted voluntarily, since he did not know what he was doing, nor yet involuntarily, since he is not pained. Of people, then, who act by reason of ignorance he who repents is thought an involuntary agent, and the man who does not repent may, since he is different, be called a not voluntary agent; for, since he differs from the other, it is better that he should have a name of his own.

Acting by reason of ignorance seems also to be different from acting in ignorance; for the man who is drunk or in a rage is thought to act as a result not of ignorance but of one of the causes mentioned, yet not knowingly but in ignorance.

Now every wicked man is ignorant of what he ought to do and what he ought to abstain from, and it is by reason of error of this kind that men become unjust and in general bad; but the term 'involuntary' tends to be used not if a man is ignorant of what is to his advantage- for it is not mistaken purpose that causes involuntary action (it leads rather to wickedness), nor ignorance of the universal (for that men are blamed), but ignorance of particulars, i.e. of the circumstances of the action and the objects with which it is concerned. For it is on these that both pity and pardon depend, since the person who is ignorant of any of these acts involuntarily.

Perhaps it is just as well, therefore, to determine their nature and number. A man may be ignorant, then, of who he is, what he is doing, what or whom he is acting on, and sometimes also what (e.g. what instrument) he is doing it with, and to what end (e.g. he may think his act will conduce to some one's safety), and how he is doing it (e.g. whether gently or violently). Now of all of these no one could be ignorant unless he were mad, and evidently also he could not be ignorant of the agent; for how could he not know himself? But of what he is doing a man might be ignorant, as for instance people say 'it slipped out of their mouths as they were speaking', or 'they did not know it was a secret', as Aeschylus said of the mysteries, or a man might say he 'let it go off when he merely wanted to show its working', as the man did with the catapult. Again, one might think one's son was an enemy, as Merope did, or that a pointed spear had a button on it, or that a stone was pumicestone; or one might give a man a draught to save him, and really kill him; or one might want to touch a man, as people do in sparring, and really wound him. The ignorance may relate, then, to any of these things, i.e. of the circumstances of the action, and the man who was ignorant of any of these is thought to have acted involuntarily, and especially if he was ignorant on the most important points; and these are thought to be the circumstances of the action and its end. Further, the doing of an act that is called involuntary in virtue of ignorance of this sort must be painful and involve repentance.

Since that which is done under compulsion or by reason of ignorance is involuntary, the voluntary would seem to be that of which the moving principle is in the agent himself, he being aware of the particular circumstances of the action. Presumably acts done by reason of anger or appetite are not rightly called involuntary. For in the first place, on that showing none of the other animals will act voluntarily, nor will children; and secondly, is it meant that we do not do voluntarily any of the acts that are due to appetite or anger, or that we do the noble acts voluntarily and the base acts involuntarily? Is not this absurd, when one and the same thing is the cause? But it would surely be odd to describe as involuntary the things one ought to desire; and we ought both to be angry at certain things and to have an appetite for certain things, e.g. for health and for learning. Also what is involuntary is thought to be painful, but what is in accordance with appetite is thought to be pleasant. Again, what is the difference in respect of involuntariness between errors committed upon calculation and those committed in anger? Both are to be avoided, but the irrational passions are thought not less human than reason is, and therefore also the actions which proceed from anger or appetite are the man's actions. It would be odd, then, to treat them as involuntary.

- 2 Both the voluntary and the involuntary having been delimited, we must next discuss choice; for it is thought to be most closely bound up with virtue and to discriminate characters better than actions do.

Choice, then, seems to be voluntary, but not the same thing as the voluntary; the latter extends more widely. For both children and the lower animals share in voluntary action, but not in choice, and acts done on the spur of the moment we describe as voluntary, but not as chosen.

Those who say it is appetite or anger or wish or a kind of opinion do not seem to be right. For choice is not common to irrational creatures as well, but appetite and anger are. Again, the incontinent man acts with appetite, but not with choice; while the continent man on the contrary acts with choice, but not with appetite. Again, appetite is contrary to choice, but not appetite to appetite. Again, appetite relates to the pleasant and the painful, choice neither to the painful nor to the pleasant.

Still less is it anger; for acts due to anger are thought to be less than any others objects of choice.

But neither is it wish, though it seems near to it; for choice cannot relate to impossibles, and if any one said he chose them he would be thought silly; but there may be a wish even for impossibles, e.g. for immortality. And wish may relate to things that could in no way be brought about by one's own efforts, e.g. that a particular actor or athlete should win in a competition; but no one chooses such things, but only the things that he thinks could be brought about by his own efforts. Again, wish relates rather to the end, choice to the means; for instance, we wish to be healthy, but we choose the acts which will make us healthy, and we wish to be happy and say we do, but we cannot well say we choose to be so; for, in general, choice seems to relate to the things that are in our own power.

For this reason, too, it cannot be opinion; for opinion is thought to relate to all kinds of things, no less to eternal things and impossible things than to things in our own power; and it is distinguished by its falsity or truth, not by its badness or goodness, while choice is distinguished rather by these.

Now with opinion in general perhaps no one even says it is identical. But it is not identical even with any kind of opinion; for by choosing what is good or bad we are men of a certain character, which we are not by holding certain opinions. And we choose to get or avoid something good or bad, but we have opinions about what a thing is or whom it is good for or how it is good for him; we can hardly be said to opine to get or avoid anything. And choice is praised for being related to the right object rather than for being rightly related to it, opinion for being truly related to its object. And we choose what we best know to be good, but we opine what we do not quite know; and it is not the same people that are thought to make the best choices and to have the best opinions, but some are thought to have fairly good opinions, but by reason of vice to choose what they should not. If opinion precedes choice or accompanies it, that makes no difference; for it is not this that we are considering, but whether it is identical with some kind of opinion.

What, then, or what kind of thing is it, since it is none of the things we have mentioned? It seems to be voluntary, but not all that is voluntary to be an object of choice. Is it, then, what has been decided on by previous deliberation? At any rate choice involves a rational principle and thought. Even the name seems to suggest that it is what is chosen before other things.

- 3 Do we deliberate about everything, and is everything a possible subject of deliberation, or is deliberation impossible about some things? We ought presumably to call not what a fool or a madman would deliberate about, but what a sensible man would deliberate about, a subject of deliberation. Now about eternal things no one deliberates, e.g. about the material universe or the incommensurability of the diagonal and the side of a square. But no more do we deliberate about the things that involve movement but always happen in the same way, whether of necessity or by nature or from any other cause, e.g. the solstices and the risings of the stars; nor about things that happen now in one way, now in another, e.g. droughts and rains; nor about chance events, like the finding of treasure. But we do not deliberate even about all human affairs; for instance, no Spartan deliberates about the best constitution for the Scythians. For none of these things can be brought about by our own efforts.

We deliberate about things that are in our power and can be done; and these are in fact what is left. For nature, necessity, and chance are thought to be causes, and also reason and everything that depends on man. Now every class of men deliberates about the things that can be done by their own efforts. And in the case of exact and self-contained sciences there is no deliberation, e.g. about the letters of the alphabet (for we have no doubt how they should be written); but the

things that are brought about by our own efforts, but not always in the same way, are the things about which we deliberate, e.g. questions of medical treatment or of money-making. And we do so more in the case of the art of navigation than in that of gymnastics, inasmuch as it has been less exactly worked out, and again about other things in the same ratio, and more also in the case of the arts than in that of the sciences; for we have more doubt about the former. Deliberation is concerned with things that happen in a certain way for the most part, but in which the event is obscure, and with things in which it is indeterminate. We call in others to aid us in deliberation on important questions, distrusting ourselves as not being equal to deciding.

We deliberate not about ends but about means. For a doctor does not deliberate whether he shall heal, nor an orator whether he shall persuade, nor a statesman whether he shall produce law and order, nor does any one else deliberate about his end. They assume the end and consider how and by what means it is to be attained; and if it seems to be produced by several means they consider by which it is most easily and best produced, while if it is achieved by one only they consider how it will be achieved by this and by what means this will be achieved, till they come to the first cause, which in the order of discovery is last. For the person who deliberates seems to investigate and analyse in the way described as though he were analysing a geometrical construction (not all investigation appears to be deliberation- for instance mathematical investigations- but all deliberation is investigation), and what is last in the order of analysis seems to be first in the order of becoming. And if we come on an impossibility, we give up the search, e.g. if we need money and this cannot be got; but if a thing appears possible we try to do it. By 'possible' things I mean things that might be brought about by our own efforts; and these in a sense include things that can be brought about by the efforts of our friends, since the moving principle is in ourselves. The subject of investigation is sometimes the instruments, sometimes the use of them; and similarly in the other cases- sometimes the means, sometimes the mode of using it or the means of bringing it about. It seems, then, as has been said, that man is a moving principle of actions; now deliberation is about the things to be done by the agent himself, and actions are for the sake of things other than themselves. For the end cannot be a subject of deliberation, but only the means; nor indeed can the particular facts be a subject of it, as whether this is bread or has been baked as it should; for these are matters of perception. If we are to be always deliberating, we shall have to go on to infinity.

The same thing is deliberated upon and is chosen, except that the object of choice is already determinate, since it is that which has been decided upon as a result of deliberation that is the object of choice. For every one ceases to inquire how he is to act when he has brought the moving principle back to himself and to the ruling part of himself; for this is what chooses. This is plain also from the ancient constitutions, which Homer represented; for the kings announced their choices to the people. The object of choice being one of the things in our own power which is desired after deliberation, choice will be deliberate desire of things in our own power; for when we have decided as a result of deliberation, we desire in accordance with our deliberation.

We may take it, then, that we have described choice in outline, and stated the nature of its objects and the fact that it is concerned with means.

- 4 That wish is for the end has already been stated; some think it is for the good, others for the apparent good. Now those who say that the good is the object of wish must admit in consequence that that which the man who does not choose aright wishes for is not an object of wish (for if it is to be so, it must also be good; but it was, if it so happened, bad); while those who say the apparent good is the object of wish must admit that there is no natural object of wish, but only what seems good to each man. Now different things appear good to different people, and, if it so happens, even contrary things.

If these consequences are unpleasing, are we to say that absolutely and in truth the good is the object of wish, but for each person the apparent good; that that which is in truth an object of wish is an object of wish to the good man, while any chance thing may be so the bad man, as in the case of bodies also the things that are in truth wholesome are wholesome for bodies which are in good condition, while for those that are diseased other things are wholesome- or bitter or sweet or hot or heavy, and so on; since the good man judges each class of things rightly, and in each the truth appears to him? For each state of character has its own ideas of the noble and the pleasant,

and perhaps the good man differs from others most by seeing the truth in each class of things, being as it were the norm and measure of them. In most things the error seems to be due to pleasure; for it appears a good when it is not. We therefore choose the pleasant as a good, and avoid pain as an evil.

- 5 The end, then, being what we wish for, the means what we deliberate about and choose, actions concerning means must be according to choice and voluntary. Now the exercise of the virtues is concerned with means. Therefore virtue also is in our own power, and so too vice. For where it is in our power to act it is also in our power not to act, and vice versa; so that, if to act, where this is noble, is in our power, not to act, which will be base, will also be in our power, and if not to act, where this is noble, is in our power, to act, which will be base, will also be in our power. Now if it is in our power to do noble or base acts, and likewise in our power not to do them, and this was what being good or bad meant, then it is in our power to be virtuous or vicious.

The saying that 'no one is voluntarily wicked nor involuntarily happy' seems to be partly false and partly true; for no one is involuntarily happy, but wickedness is voluntary. Or else we shall have to dispute what has just been said, at any rate, and deny that man is a moving principle or begetter of his actions as of children. But if these facts are evident and we cannot refer actions to moving principles other than those in ourselves, the acts whose moving principles are in us must themselves also be in our power and voluntary.

Witness seems to be borne to this both by individuals in their private capacity and by legislators themselves; for these punish and take vengeance on those who do wicked acts (unless they have acted under compulsion or as a result of ignorance for which they are not themselves responsible), while they honour those who do noble acts, as though they meant to encourage the latter and deter the former. But no one is encouraged to do the things that are neither in our power nor voluntary; it is assumed that there is no gain in being persuaded not to be hot or in pain or hungry or the like, since we shall experience these feelings none the less. Indeed, we punish a man for his very ignorance, if he is thought responsible for the ignorance, as when penalties are doubled in the case of drunkenness; for the moving principle is in the man himself, since he had the power of not getting drunk and his getting drunk was the cause of his ignorance. And we punish those who are ignorant of anything in the laws that they ought to know and that is not difficult, and so too in the case of anything else that they are thought to be ignorant of through carelessness; we assume that it is in their power not to be ignorant, since they have the power of taking care.

But perhaps a man is the kind of man not to take care. Still they are themselves by their slack lives responsible for becoming men of that kind, and men make themselves responsible for being unjust or self-indulgent, in the one case by cheating and in the other by spending their time in drinking bouts and the like; for it is activities exercised on particular objects that make the corresponding character. This is plain from the case of people training for any contest or action; they practise the activity the whole time. Now not to know that it is from the exercise of activities on particular objects that states of character are produced is the mark of a thoroughly senseless person. Again, it is irrational to suppose that a man who acts unjustly does not wish to be unjust or a man who acts self-indulgently to be self-indulgent. But if without being ignorant a man does the things which will make him unjust, he will be unjust voluntarily. Yet it does not follow that if he wishes he will cease to be unjust and will be just. For neither does the man who is ill become well on those terms. We may suppose a case in which he is ill voluntarily, through living incontinently and disobeying his doctors. In that case it was then open to him not to be ill, but not now, when he has thrown away his chance, just as when you have let a stone go it is too late to recover it; but yet it was in your power to throw it, since the moving principle was in you. So, too, to the unjust and to the self-indulgent man it was open at the beginning not to become men of this kind, and so they are unjust and self-indulgent voluntarily; but now that they have become so it is not possible for them not to be so.

But not only are the vices of the soul voluntary, but those of the body also for some men, whom we accordingly blame; while no one blames those who are ugly by nature, we blame those who are so owing to want of exercise and care. So it is, too, with respect to weakness and infirmity; no one would reproach a man blind from birth or by disease or from a blow, but rather pity him,

while every one would blame a man who was blind from drunkenness or some other form of self-indulgence. Of vices of the body, then, those in our own power are blamed, those not in our power are not. And if this be so, in the other cases also the vices that are blamed must be in our own power.

Now some one may say that all men desire the apparent good, but have no control over the appearance, but the end appears to each man in a form answering to his character. We reply that if each man is somehow responsible for his state of mind, he will also be himself somehow responsible for the appearance; but if not, no one is responsible for his own evil-doing, but every one does evil acts through ignorance of the end, thinking that by these he will get what is best, and the aiming at the end is not self-chosen but one must be born with an eye, as it were, by which to judge rightly and choose what is truly good, and he is well endowed by nature who is well endowed with this. For it is what is greatest and most noble, and what we cannot get or learn from another, but must have just such as it was when given us at birth, and to be well and nobly endowed with this will be perfect and true excellence of natural endowment. If this is true, then, how will virtue be more voluntary than vice? To both men alike, the good and the bad, the end appears and is fixed by nature or however it may be, and it is by referring everything else to this that men do whatever they do.

Whether, then, it is not by nature that the end appears to each man such as it does appear, but something also depends on him, or the end is natural but because the good man adopts the means voluntarily virtue is voluntary, vice also will be none the less voluntary; for in the case of the bad man there is equally present that which depends on himself in his actions even if not in his end. If, then, as is asserted, the virtues are voluntary (for we are ourselves somehow partly responsible for our states of character, and it is by being persons of a certain kind that we assume the end to be so and so), the vices also will be voluntary; for the same is true of them.

With regard to the virtues in general we have stated their genus in outline, viz. that they are means and that they are states of character, and that they tend, and by their own nature, to the doing of the acts by which they are produced, and that they are in our power and voluntary, and act as the right rule prescribes. But actions and states of character are not voluntary in the same way; for we are masters of our actions from the beginning right to the end, if we know the particular facts, but though we control the beginning of our states of character the gradual progress is not obvious any more than it is in illnesses; because it was in our power, however, to act in this way or not in this way, therefore the states are voluntary.

Let us take up the several virtues, however, and say which they are and what sort of things they are concerned with and how they are concerned with them; at the same time it will become plain how many they are. And first let us speak of courage.

[sections 6-12 removed]

[Books IV-VII removed]

BOOK VIII

- 1 After what we have said, a discussion of friendship would naturally follow, since it is a virtue or implies virtue, and is besides most necessary with a view to living. For without friends no one would choose to live, though he had all other goods; even rich men and those in possession of office and of dominating power are thought to need friends most of all; for what is the use of such prosperity without the opportunity of beneficence, which is exercised chiefly and in its most laudable form towards friends? Or how can prosperity be guarded and preserved without friends? The greater it is, the more exposed is it to risk. And in poverty and in other misfortunes men think friends are the only refuge. It helps the young, too, to keep from error; it aids older people by ministering to their needs and supplementing the activities that are failing from weakness; those in the prime of life it stimulates to noble actions-'two going together'-for with friends men are more able both to think and to act. Again, parent seems by nature to feel it for offspring and offspring for parent, not only among men but among birds and among most animals; it is felt mutually by members of the same race, and especially by men, whence we praise lovers of their fellowmen. We may even in our travels how near and dear every man is to every other. Friendship seems too to hold states together, and lawgivers to care more for it than for justice; for unanimity seems to be something like friendship, and this they aim at most of all, and expel faction as their worst enemy; and when men are friends they have no need of justice, while when they are just they need friendship as well, and the truest form of justice is thought to be a friendly quality.

But it is not only necessary but also noble; for we praise those who love their friends, and it is thought to be a fine thing to have many friends; and again we think it is the same people that are good men and are friends.

Not a few things about friendship are matters of debate. Some define it as a kind of likeness and say like people are friends, whence come the sayings 'like to like', 'birds of a feather flock together', and so on; others on the contrary say 'two of a trade never agree'. On this very question they inquire for deeper and more physical causes, Euripides saying that 'parched earth loves the rain, and stately heaven when filled with rain loves to fall to earth', and Heraclitus that 'it is what opposes that helps' and 'from different tones comes the fairest tune' and 'all things are produced through strife'; while Empedocles, as well as others, expresses the opposite view that like aims at like. The physical problems we may leave alone (for they do not belong to the present inquiry); let us examine those which are human and involve character and feeling, e.g. whether friendship can arise between any two people or people cannot be friends if they are wicked, and whether there is one species of friendship or more than one. Those who think there is only one because it admits of degrees have relied on an inadequate indication; for even things different in species admit of degree. We have discussed this matter previously.

- 2 The kinds of friendship may perhaps be cleared up if we first come to know the object of love. For not everything seems to be loved but only the lovable, and this is good, pleasant, or useful; but it would seem to be that by which some good or pleasure is produced that is useful, so that it is the good and the useful that are lovable as ends. Do men love, then, the good, or what is good for them? These sometimes clash. So too with regard to the pleasant. Now it is thought that each loves what is good for himself, and that the good is without qualification lovable, and what is good for each man is lovable for him; but each man loves not what is good for him but what seems good. This however will make no difference; we shall just have to say that this is 'that which seems lovable'. Now there are three grounds on which people love; of the love of lifeless objects we do not use the word 'friendship'; for it is not mutual love, nor is there a wishing of good to the other (for it would surely be ridiculous to wish wine well; if one wishes anything for it, it is that it may keep, so that one may have it oneself); but to a friend we say we ought to wish what is good for his sake. But to those who thus wish good we ascribe only goodwill, if the wish is not reciprocated; goodwill when it is reciprocal being friendship. Or must we add 'when it is recognized'? For many people have goodwill to those whom they have not seen but judge to be good or useful; and one of these might return this feeling. These people seem to bear goodwill to each other; but how could one call them friends when they do not know their mutual feelings? To

be friends, then, they must be mutually recognized as bearing goodwill and wishing well to each other for one of the aforesaid reasons.

- 3 Now these reasons differ from each other in kind; so, therefore, do the corresponding forms of love and friendship. There are therefore three kinds of friendship, equal in number to the things that are lovable; for with respect to each there is a mutual and recognized love, and those who love each other wish well to each other in that respect in which they love one another. Now those who love each other for their utility do not love each other for themselves but in virtue of some good which they get from each other. So too with those who love for the sake of pleasure; it is not for their character that men love ready-witted people, but because they find them pleasant. Therefore those who love for the sake of utility love for the sake of what is good for themselves, and those who love for the sake of pleasure do so for the sake of what is pleasant to themselves, and not in so far as the other is the person loved but in so far as he is useful or pleasant. And thus these friendships are only incidental; for it is not as being the man he is that the loved person is loved, but as providing some good or pleasure. Such friendships, then, are easily dissolved, if the parties do not remain like themselves; for if the one party is no longer pleasant or useful the other ceases to love him.

Now the useful is not permanent but is always changing. Thus when the motive of the friendship is done away, the friendship is dissolved, inasmuch as it existed only for the ends in question. This kind of friendship seems to exist chiefly between old people (for at that age people pursue not the pleasant but the useful) and, of those who are in their prime or young, between those who pursue utility. And such people do not live much with each other either; for sometimes they do not even find each other pleasant; therefore they do not need such companionship unless they are useful to each other; for they are pleasant to each other only in so far as they rouse in each other hopes of something good to come. Among such friendships people also class the friendship of a host and guest. On the other hand the friendship of young people seems to aim at pleasure; for they live under the guidance of emotion, and pursue above all what is pleasant to themselves and what is immediately before them; but with increasing age their pleasures become different. This is why they quickly become friends and quickly cease to be so; their friendship changes with the object that is found pleasant, and such pleasure alters quickly. Young people are amorous too; for the greater part of the friendship of love depends on emotion and aims at pleasure; this is why they fall in love and quickly fall out of love, changing often within a single day. But these people do wish to spend their days and lives together; for it is thus that they attain the purpose of their friendship.

Perfect friendship is the friendship of men who are good, and alike in virtue; for these wish well alike to each other qua good, and they are good themselves. Now those who wish well to their friends for their sake are most truly friends; for they do this by reason of own nature and not incidentally; therefore their friendship lasts as long as they are good-and goodness is an enduring thing. And each is good without qualification and to his friend, for the good are both good without qualification and useful to each other. So too they are pleasant; for the good are pleasant both without qualification and to each other, since to each his own activities and others like them are pleasurable, and the actions of the good are the same or like. And such a friendship is as might be expected permanent, since there meet in it all the qualities that friends should have. For all friendship is for the sake of good or of pleasure-good or pleasure either in the abstract or such as will be enjoyed by him who has the friendly feeling-and is based on a certain resemblance; and to a friendship of good men all the qualities we have named belong in virtue of the nature of the friends themselves; for in the case of this kind of friendship the other qualities also are alike in both friends, and that which is good without qualification is also without qualification pleasant, and these are the most lovable qualities. Love and friendship therefore are found most and in their best form between such men.

But it is natural that such friendships should be infrequent; for such men are rare. Further, such friendship requires time and familiarity; as the proverb says, men cannot know each other till they have 'eaten salt together'; nor can they admit each other to friendship or be friends till each has been found lovable and been trusted by each. Those who quickly show the marks of friendship to each other wish to be friends, but are not friends unless they both are lovable and know the fact; for a wish for friendship may arise quickly, but friendship does not.

- 4 This kind of friendship, then, is perfect both in respect of duration and in all other respects, and in it each gets from each in all respects the same as, or something like what, he gives; which is what ought to happen between friends. Friendship for the sake of pleasure bears a resemblance to this kind; for good people too are pleasant to each other. So too does friendship for the sake of utility; for the good are also useful to each other. Among men of these inferior sorts too, friendships are most permanent when the friends get the same thing from each other (e.g. pleasure), and not only that but also from the same source, as happens between readywitted people, not as happens between lover and beloved. For these do not take pleasure in the same things, but the one in seeing the beloved and the other in receiving attentions from his lover; and when the bloom of youth is passing the friendship sometimes passes too (for the one finds no pleasure in the sight of the other, and the other gets no attentions from the first); but many lovers on the other hand are constant, if familiarity has led them to love each other's characters, these being alike. But those who exchange not pleasure but utility in their amour are both less truly friends and less constant. Those who are friends for the sake of utility part when the advantage is at an end; for they were lovers not of each other but of profit.

For the sake of pleasure or utility, then, even bad men may be friends of each other, or good men of bad, or one who is neither good nor bad may be a friend to any sort of person, but for their own sake clearly only good men can be friends; for bad men do not delight in each other unless some advantage come of the relation.

The friendship of the good too and this alone is proof against slander; for it is not easy to trust any one talk about a man who has long been tested by oneself; and it is among good men that trust and the feeling that 'he would never wrong me' and all the other things that are demanded in true friendship are found. In the other kinds of friendship, however, there is nothing to prevent these evils arising. For men apply the name of friends even to those whose motive is utility, in which sense states are said to be friendly (for the alliances of states seem to aim at advantage), and to those who love each other for the sake of pleasure, in which sense children are called friends. Therefore we too ought perhaps to call such people friends, and say that there are several kinds of friendship—firstly and in the proper sense that of good men qua good, and by analogy the other kinds; for it is in virtue of something good and something akin to what is found in true friendship that they are friends, since even the pleasant is good for the lovers of pleasure. But these two kinds of friendship are not often united, nor do the same people become friends for the sake of utility and of pleasure; for things that are only incidentally connected are not often coupled together.

Friendship being divided into these kinds, bad men will be friends for the sake of pleasure or of utility, being in this respect like each other, but good men will be friends for their own sake, i.e. in virtue of their goodness. These, then, are friends without qualification; the others are friends incidentally and through a resemblance to these.

- 5 As in regard to the virtues some men are called good in respect of a state of character, others in respect of an activity, so too in the case of friendship; for those who live together delight in each other and confer benefits on each other, but those who are asleep or locally separated are not performing, but are disposed to perform, the activities of friendship; distance does not break off the friendship absolutely, but only the activity of it. But if the absence is lasting, it seems actually to make men forget their friendship; hence the saying 'out of sight, out of mind'. Neither old people nor sour people seem to make friends easily; for there is little that is pleasant in them, and no one can spend his days with one whose company is painful, or not pleasant, since nature seems above all to avoid the painful and to aim at the pleasant. Those, however, who approve of each other but do not live together seem to be well-disposed rather than actual friends. For there is nothing so characteristic of friends as living together (since while it people who are in need that desire benefits, even those who are supremely happy desire to spend their days together; for solitude suits such people least of all); but people cannot live together if they are not pleasant and do not enjoy the same things, as friends who are companions seem to do.

The truest friendship, then, is that of the good, as we have frequently said; for that which is without qualification good or pleasant seems to be lovable and desirable, and for each person

that which is good or pleasant to him; and the good man is lovable and desirable to the good man for both these reasons. Now it looks as if love were a feeling, friendship a state of character; for love may be felt just as much towards lifeless things, but mutual love involves choice and choice springs from a state of character; and men wish well to those whom they love, for their sake, not as a result of feeling but as a result of a state of character. And in loving a friend men love what is good for themselves; for the good man in becoming a friend becomes a good to his friend. Each, then, both loves what is good for himself, and makes an equal return in goodwill and in pleasantness; for friendship is said to be equality, and both of these are found most in the friendship of the good.

- 6 Between sour and elderly people friendship arises less readily, inasmuch as they are less good-tempered and enjoy companionship less; for these are thought to be the greatest marks of friendship productive of it. This is why, while men become friends quickly, old men do not; it is because men do not become friends with those in whom they do not delight; and similarly sour people do not quickly make friends either. But such men may bear goodwill to each other; for they wish one another well and aid one another in need; but they are hardly friends because they do not spend their days together nor delight in each other, and these are thought the greatest marks of friendship.

One cannot be a friend to many people in the sense of having friendship of the perfect type with them, just as one cannot be in love with many people at once (for love is a sort of excess of feeling, and it is the nature of such only to be felt towards one person); and it is not easy for many people at the same time to please the same person very greatly, or perhaps even to be good in his eyes. One must, too, acquire some experience of the other person and become familiar with him, and that is very hard. But with a view to utility or pleasure it is possible that many people should please one; for many people are useful or pleasant, and these services take little time.

Of these two kinds that which is for the sake of pleasure is the more like friendship, when both parties get the same things from each other and delight in each other or in the things, as in the friendships of the young; for generosity is more found in such friendships. Friendship based on utility is for the commercially minded. People who are supremely happy, too, have no need of useful friends, but do need pleasant friends; for they wish to live with some one and, though they can endure for a short time what is painful, no one could put up with it continuously, nor even with the Good itself if it were painful to him; this is why they look out for friends who are pleasant. Perhaps they should look out for friends who, being pleasant, are also good, and good for them too; for so they will have all the characteristics that friends should have.

People in positions of authority seem to have friends who fall into distinct classes; some people are useful to them and others are pleasant, but the same people are rarely both; for they seek neither those whose pleasantness is accompanied by virtue nor those whose utility is with a view to noble objects, but in their desire for pleasure they seek for ready-witted people, and their other friends they choose as being clever at doing what they are told, and these characteristics are rarely combined. Now we have said that the good man is at the same time pleasant and useful; but such a man does not become the friend of one who surpasses him in station, unless he is surpassed also in virtue; if this is not so, he does not establish equality by being proportionally exceeded in both respects. But people who surpass him in both respects are not so easy to find.

However that may be, the aforesaid friendships involve equality; for the friends get the same things from one another and wish the same things for one another, or exchange one thing for another, e.g. pleasure for utility; we have said, however, that they are both less truly friendships and less permanent.

But it is from their likeness and their unlikeness to the same thing that they are thought both to be and not to be friendships. It is by their likeness to the friendship of virtue that they seem to be friendships (for one of them involves pleasure and the other utility, and these characteristics belong to the friendship of virtue as well); while it is because the friendship of virtue is proof against slander and permanent, while these quickly change (besides differing from the former in many other respects), that they appear not to be friendships; i.e. it is because of their unlikeness to the friendship of virtue.

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BOOK IX

[sections 1-7 removed]

- 8 The question is also debated, whether a man should love himself most, or some one else. People criticize those who love themselves most, and call them self-lovers, using this as an epithet of disgrace, and a bad man seems to do everything for his own sake, and the more so the more wicked he is-and so men reproach him, for instance, with doing nothing of his own accord-while the good man acts for honour's sake, and the more so the better he is, and acts for his friend's sake, and sacrifices his own interest.

But the facts clash with these arguments, and this is not surprising. For men say that one ought to love best one's best friend, and man's best friend is one who wishes well to the object of his wish for his sake, even if no one is to know of it; and these attributes are found most of all in a man's attitude towards himself, and so are all the other attributes by which a friend is defined; for, as we have said, it is from this relation that all the characteristics of friendship have extended to our neighbours. All the proverbs, too, agree with this, e.g. 'a single soul', and 'what friends have is common property', and 'friendship is equality', and 'charity begins at home'; for all these marks will be found most in a man's relation to himself; he is his own best friend and therefore ought to love himself best. It is therefore a reasonable question, which of the two views we should follow; for both are plausible.

Perhaps we ought to mark off such arguments from each other and determine how far and in what respects each view is right. Now if we grasp the sense in which each school uses the phrase 'lover of self', the truth may become evident. Those who use the term as one of reproach ascribe self-love to people who assign to themselves the greater share of wealth, honours, and bodily pleasures; for these are what most people desire, and busy themselves about as though they were the best of all things, which is the reason, too, why they become objects of competition. So those who are grasping with regard to these things gratify their appetites and in general their feelings and the irrational element of the soul; and most men are of this nature (which is the reason why the epithet has come to be used as it is-it takes its meaning from the prevailing type of self-love, which is a bad one); it is just, therefore, that men who are lovers of self in this way are reproached for being so. That it is those who give themselves the preference in regard to objects of this sort that most people usually call lovers of self is plain; for if a man were always anxious that he himself, above all things, should act justly, temperately, or in accordance with any other of the virtues, and in general were always to try to secure for himself the honourable course, no one will call such a man a lover of self or blame him.

But such a man would seem more than the other a lover of self; at all events he assigns to himself the things that are noblest and best, and gratifies the most authoritative element in and in all things obeys this; and just as a city or any other systematic whole is most properly identified with the most authoritative element in it, so is a man; and therefore the man who loves this and gratifies it is most of all a lover of self. Besides, a man is said to have or not to have self-control according as his reason has or has not the control, on the assumption that this is the man himself; and the things men have done on a rational principle are thought most properly their own acts and voluntary acts. That this is the man himself, then, or is so more than anything else, is plain, and also that the good man loves most this part of him. Whence it follows that he is most truly a lover of self, of another type than that which is a matter of reproach, and as different from that as living according to a rational principle is from living as passion dictates, and desiring what is noble from desiring what seems advantageous. Those, then, who busy themselves in an exceptional degree with noble actions all men approve and praise; and if all were to strive towards what is noble and strain every nerve to do the noblest deeds, everything would be as it should be for the common weal, and every one would secure for himself the goods that are greatest, since virtue is the greatest of goods.

Therefore the good man should be a lover of self (for he will both himself profit by doing noble acts, and will benefit his fellows), but the wicked man should not; for he will hurt both himself and his neighbours, following as he does evil passions. For the wicked man, what he does clashes

with what he ought to do, but what the good man ought to do he does; for reason in each of its possessors chooses what is best for itself, and the good man obeys his reason. It is true of the good man too that he does many acts for the sake of his friends and his country, and if necessary dies for them; for he will throw away both wealth and honours and in general the goods that are objects of competition, gaining for himself nobility; since he would prefer a short period of intense pleasure to a long one of mild enjoyment, a twelvemonth of noble life to many years of humdrum existence, and one great and noble action to many trivial ones. Now those who die for others doubtless attain this result; it is therefore a great prize that they choose for themselves. They will throw away wealth too on condition that their friends will gain more; for while a man's friend gains wealth he himself achieves nobility; he is therefore assigning the greater good to himself. The same too is true of honour and office; all these things he will sacrifice to his friend; for this is noble and laudable for himself. Rightly then is he thought to be good, since he chooses nobility before all else. But he may even give up actions to his friend; it may be nobler to become the cause of his friend's acting than to act himself. In all the actions, therefore, that men are praised for, the good man is seen to assign to himself the greater share in what is noble. In this sense, then, as has been said, a man should be a lover of self; but in the sense in which most men are so, he ought not.

- 9 It is also disputed whether the happy man will need friends or not. It is said that those who are supremely happy and self-sufficient have no need of friends; for they have the things that are good, and therefore being self-sufficient they need nothing further, while a friend, being another self, furnishes what a man cannot provide by his own effort; whence the saying 'when fortune is kind, what need of friends?' But it seems strange, when one assigns all good things to the happy man, not to assign friends, who are thought the greatest of external goods. And if it is more characteristic of a friend to do well by another than to be well done by, and to confer benefits is characteristic of the good man and of virtue, and it is nobler to do well by friends than by strangers, the good man will need people to do well by. This is why the question is asked whether we need friends more in prosperity or in adversity, on the assumption that not only does a man in adversity need people to confer benefits on him, but also those who are prospering need people to do well by. Surely it is strange, too, to make the supremely happy man a solitary; for no one would choose the whole world on condition of being alone, since man is a political creature and one whose nature is to live with others. Therefore even the happy man lives with others; for he has the things that are by nature good. And plainly it is better to spend his days with friends and good men than with strangers or any chance persons. Therefore the happy man needs friends.

What then is it that the first school means, and in what respect is it right? Is it that most identify friends with useful people? Of such friends indeed the supremely happy man will have no need, since he already has the things that are good; nor will he need those whom one makes one's friends because of their pleasantness, or he will need them only to a small extent (for his life, being pleasant, has no need of adventitious pleasure); and because he does not need such friends he is thought not to need friends.

But that is surely not true. For we have said at the outset that happiness is an activity; and activity plainly comes into being and is not present at the start like a piece of property. If (1) happiness lies in living and being active, and the good man's activity is virtuous and pleasant in itself, as we have said at the outset, and (2) a thing's being one's own is one of the attributes that make it pleasant, and (3) we can contemplate our neighbours better than ourselves and their actions better than our own, and if the actions of virtuous men who are their friends are pleasant to good men (since these have both the attributes that are naturally pleasant),-if this be so, the supremely happy man will need friends of this sort, since his purpose is to contemplate worthy actions and actions that are his own, and the actions of a good man who is his friend have both these qualities.

Further, men think that the happy man ought to live pleasantly. Now if he were a solitary, life would be hard for him; for by oneself it is not easy to be continuously active; but with others and towards others it is easier. With others therefore his activity will be more continuous, and it is in itself pleasant, as it ought to be for the man who is supremely happy; for a good man qua good delights in virtuous actions and is vexed at vicious ones, as a musical man enjoys beautiful tunes

but is pained at bad ones. A certain training in virtue arises also from the company of the good, as Theognis has said before us.

If we look deeper into the nature of things, a virtuous friend seems to be naturally desirable for a virtuous man. For that which is good by nature, we have said, is for the virtuous man good and pleasant in itself. Now life is defined in the case of animals by the power of perception in that of man by the power of perception or thought; and a power is defined by reference to the corresponding activity, which is the essential thing; therefore life seems to be essentially the act of perceiving or thinking. And life is among the things that are good and pleasant in themselves, since it is determinate and the determinate is of the nature of the good; and that which is good by nature is also good for the virtuous man (which is the reason why life seems pleasant to all men); but we must not apply this to a wicked and corrupt life nor to a life spent in pain; for such a life is indeterminate, as are its attributes. The nature of pain will become plainer in what follows. But if life itself is good and pleasant (which it seems to be, from the very fact that all men desire it, and particularly those who are good and supremely happy; for to such men life is most desirable, and their existence is the most supremely happy) and if he who sees perceives that he sees, and he who hears, that he hears, and he who walks, that he walks, and in the case of all other activities similarly there is something which perceives that we are active, so that if we perceive, we perceive that we perceive, and if we think, that we think; and if to perceive that we perceive or think is to perceive that we exist (for existence was defined as perceiving or thinking); and if perceiving that one lives is in itself one of the things that are pleasant (for life is by nature good, and to perceive what is good present in oneself is pleasant); and if life is desirable, and particularly so for good men, because to them existence is good and pleasant for they are pleased at the consciousness of the presence in them of what is in itself good); and if as the virtuous man is to himself, he is to his friend also (for his friend is another self):-if all this be true, as his own being is desirable for each man, so, or almost so, is that of his friend. Now his being was seen to be desirable because he perceived his own goodness, and such perception is pleasant in itself. He needs, therefore, to be conscious of the existence of his friend as well, and this will be realized in their living together and sharing in discussion and thought; for this is what living together would seem to mean in the case of man, and not, as in the case of cattle, feeding in the same place.

If, then, being is in itself desirable for the supremely happy man (since it is by its nature good and pleasant), and that of his friend is very much the same, a friend will be one of the things that are desirable. Now that which is desirable for him he must have, or he will be deficient in this respect. The man who is to be happy will therefore need virtuous friends.

[section 10 removed]

- 11** Do we need friends more in good fortune or in bad? They are sought after in both; for while men in adversity need help, in prosperity they need people to live with and to make the objects of their beneficence; for they wish to do well by others. Friendship, then, is more necessary in bad fortune, and so it is useful friends that one wants in this case; but it is more noble in good fortune, and so we also seek for good men as our friends, since it is more desirable to confer benefits on these and to live with these. For the very presence of friends is pleasant both in good fortune and also in bad, since grief is lightened when friends sorrow with us. Hence one might ask whether they share as it were our burden, or-without that happening-their presence by its pleasantness, and the thought of their grieving with us, make our pain less. Whether it is for these reasons or for some other that our grief is lightened, is a question that may be dismissed; at all events what we have described appears to take place.

But their presence seems to contain a mixture of various factors. The very seeing of one's friends is pleasant, especially if one is in adversity, and becomes a safeguard against grief (for a friend tends to comfort us both by the sight of him and by his words, if he is tactful, since he knows our character and the things that please or pain us); but to see him pained at our misfortunes is painful; for every one shuns being a cause of pain to his friends. For this reason people of a manly nature guard against making their friends grieve with them, and, unless he be exceptionally insensible to pain, such a man cannot stand the pain that ensues for his friends, and in general does not admit fellow-mourners because he is not himself given to mourning; but

women and womanly men enjoy sympathisers in their grief, and love them as friends and companions in sorrow. But in all things one obviously ought to imitate the better type of person.

On the other hand, the presence of friends in our prosperity implies both a pleasant passing of our time and the pleasant thought of their pleasure at our own good fortune. For this cause it would seem that we ought to summon our friends readily to share our good fortunes (for the beneficent character is a noble one), but summon them to our bad fortunes with hesitation; for we ought to give them as little a share as possible in our evils whence the saying 'enough is my misfortune'. We should summon friends to us most of all when they are likely by suffering a few inconveniences to do us a great service.

Conversely, it is fitting to go unasked and readily to the aid of those in adversity (for it is characteristic of a friend to render services, and especially to those who are in need and have not demanded them; such action is nobler and pleasanter for both persons); but when our friends are prosperous we should join readily in their activities (for they need friends for these too), but be tardy in coming forward to be the objects of their kindness; for it is not noble to be keen to receive benefits. Still, we must no doubt avoid getting the reputation of kill-joys by repulsing them; for that sometimes happens.

The presence of friends, then, seems desirable in all circumstances.

- 12** Does it not follow, then, that, as for lovers the sight of the beloved is the thing they love most, and they prefer this sense to the others because on it love depends most for its being and for its origin, so for friends the most desirable thing is living together? For friendship is a partnership, and as a man is to himself, so is he to his friend; now in his own case the consciousness of his being is desirable, and so therefore is the consciousness of his friend's being, and the activity of this consciousness is produced when they live together, so that it is natural that they aim at this. And whatever existence means for each class of men, whatever it is for whose sake they value life, in that they wish to occupy themselves with their friends; and so some drink together, others dice together, others join in athletic exercises and hunting, or in the study of philosophy, each class spending their days together in whatever they love most in life; for since they wish to live with their friends, they do and share in those things which give them the sense of living together. Thus the friendship of bad men turns out an evil thing (for because of their instability they unite in bad pursuits, and besides they become evil by becoming like each other), while the friendship of good men is good, being augmented by their companionship; and they are thought to become better too by their activities and by improving each other; for from each other they take the mould of the characteristics they approve-whence the saying 'noble deeds from noble men'.-So much, then, for friendship; our next task must be to discuss pleasure.

BOOK X

[sections 1-3 removed]

- 4 What pleasure is, or what kind of thing it is, will become plainer if we take up the question again from the beginning. Seeing seems to be at any moment complete, for it does not lack anything which coming into being later will complete its form; and pleasure also seems to be of this nature. For it is a whole, and at no time can one find a pleasure whose form will be completed if the pleasure lasts longer. For this reason, too, it is not a movement. For every movement (e.g. that of building) takes time and is for the sake of an end, and is complete when it has made what it aims at. It is complete, therefore, only in the whole time or at that final moment. In their parts and during the time they occupy, all movements are incomplete, and are different in kind from the whole movement and from each other. For the fitting together of the stones is different from the fluting of the column, and these are both different from the making of the temple; and the making of the temple is complete (for it lacks nothing with a view to the end proposed), but the making of the base or of the triglyph is incomplete; for each is the making of only a part. They differ in kind, then, and it is not possible to find at any and every time a movement complete in form, but if at all, only in the whole time. So, too, in the case of walking and all other movements. For if locomotion is a movement from to there, it, too, has differences in kind—flying, walking, leaping, and so on. And not only so, but in walking itself there are such differences; for the whence and whither are not the same in the whole racecourse and in a part of it, nor in one part and in another, nor is it the same thing to traverse this line and that; for one traverses not only a line but one which is in a place, and this one is in a different place from that. We have discussed movement with precision in another work, but it seems that it is not complete at any and every time, but that the many movements are incomplete and different in kind, since the whence and whither give them their form. But of pleasure the form is complete at any and every time. Plainly, then, pleasure and movement must be different from each other, and pleasure must be one of the things that are whole and complete. This would seem to be the case, too, from the fact that it is not possible to move otherwise than in time, but it is possible to be pleased; for that which takes place in a moment is a whole.

From these considerations it is clear, too, that these thinkers are not right in saying there is a movement or a coming into being of pleasure. For these cannot be ascribed to all things, but only to those that are divisible and not wholes; there is no coming into being of seeing nor of a point nor of a unit, nor is any of these a movement or coming into being; therefore there is no movement or coming into being of pleasure either; for it is a whole.

Since every sense is active in relation to its object, and a sense which is in good condition acts perfectly in relation to the most beautiful of its objects (for perfect activity seems to be ideally of this nature; whether we say that it is active, or the organ in which it resides, may be assumed to be immaterial), it follows that in the case of each sense the best activity is that of the best-conditioned organ in relation to the finest of its objects. And this activity will be the most complete and pleasant. For, while there is pleasure in respect of any sense, and in respect of thought and contemplation no less, the most complete is pleasantest, and that of a well-conditioned organ in relation to the worthiest of its objects is the most complete; and the pleasure completes the activity. But the pleasure does not complete it in the same way as the combination of object and sense, both good, just as health and the doctor are not in the same way the cause of a man's being healthy. (That pleasure is produced in respect to each sense is plain; for we speak of sights and sounds as pleasant. It is also plain that it arises most of all when both the sense is at its best and it is active in reference to an object which corresponds; when both object and perceiver are of the best there will always be pleasure, since the requisite agent and patient are both present.) Pleasure completes the activity not as the corresponding permanent state does, by its immanence, but as an end which supervenes as the bloom of youth does on those in the flower of their age. So long, then, as both the intelligible or sensible object and the discriminating or contemplative faculty are as they should be, the pleasure will be involved in the activity; for when both the passive and the active factor are unchanged and are related to each other in the same way, the same result naturally follows.

How, then, is it that no one is continuously pleased? Is it that we grow weary? Certainly all human beings are incapable of continuous activity. Therefore pleasure also is not continuous; for it accompanies activity. Some things delight us when they are new, but later do so less, for the same reason; for at first the mind is in a state of stimulation and intensely active about them, as people are with respect to their vision when they look hard at a thing, but afterwards our activity is not of this kind, but has grown relaxed; for which reason the pleasure also is dulled.

One might think that all men desire pleasure because they all aim at life; life is an activity, and each man is active about those things and with those faculties that he loves most; e.g. the musician is active with his hearing in reference to tunes, the student with his mind in reference to theoretical questions, and so on in each case; now pleasure completes the activities, and therefore life, which they desire. It is with good reason, then, that they aim at pleasure too, since for every one it completes life, which is desirable. But whether we choose life for the sake of pleasure or pleasure for the sake of life is a question we may dismiss for the present. For they seem to be bound up together and not to admit of separation, since without activity pleasure does not arise, and every activity is completed by the attendant pleasure.

- 5 For this reason pleasures seem, too, to differ in kind. For things different in kind are, we think, completed by different things (we see this to be true both of natural objects and of things produced by art, e.g. animals, trees, a painting, a sculpture, a house, an implement); and, similarly, we think that activities differing in kind are completed by things differing in kind. Now the activities of thought differ from those of the senses, and both differ among themselves, in kind; so, therefore, do the pleasures that complete them.

This may be seen, too, from the fact that each of the pleasures is bound up with the activity it completes. For an activity is intensified by its proper pleasure, since each class of things is better judged of and brought to precision by those who engage in the activity with pleasure; e.g. it is those who enjoy geometrical thinking that become geometers and grasp the various propositions better, and, similarly, those who are fond of music or of building, and so on, make progress in their proper function by enjoying it; so the pleasures intensify the activities, and what intensifies a thing is proper to it, but things different in kind have properties different in kind.

This will be even more apparent from the fact that activities are hindered by pleasures arising from other sources. For people who are fond of playing the flute are incapable of attending to arguments if they overhear some one playing the flute, since they enjoy flute-playing more than the activity in hand; so the pleasure connected with fluteplaying destroys the activity concerned with argument. This happens, similarly, in all other cases, when one is active about two things at once; the more pleasant activity drives out the other, and if it is much more pleasant does so all the more, so that one even ceases from the other. This is why when we enjoy anything very much we do not throw ourselves into anything else, and do one thing only when we are not much pleased by another; e.g. in the theatre the people who eat sweets do so most when the actors are poor. Now since activities are made precise and more enduring and better by their proper pleasure, and injured by alien pleasures, evidently the two kinds of pleasure are far apart. For alien pleasures do pretty much what proper pains do, since activities are destroyed by their proper pains; e.g. if a man finds writing or doing sums unpleasant and painful, he does not write, or does not do sums, because the activity is painful. So an activity suffers contrary effects from its proper pleasures and pains, i.e. from those that supervene on it in virtue of its own nature. And alien pleasures have been stated to do much the same as pain; they destroy the activity, only not to the same degree.

Now since activities differ in respect of goodness and badness, and some are worthy to be chosen, others to be avoided, and others neutral, so, too, are the pleasures; for to each activity there is a proper pleasure. The pleasure proper to a worthy activity is good and that proper to an unworthy activity bad; just as the appetites for noble objects are laudable, those for base objects culpable. But the pleasures involved in activities are more proper to them than the desires; for the latter are separated both in time and in nature, while the former are close to the activities, and so hard to distinguish from them that it admits of dispute whether the activity is not the same as the pleasure. (Still, pleasure does not seem to be thought or perception—that would be strange; but because they are not found apart they appear to some people the same.) As activities are

different, then, so are the corresponding pleasures. Now sight is superior to touch in purity, and hearing and smell to taste; the pleasures, therefore, are similarly superior, and those of thought superior to these, and within each of the two kinds some are superior to others.

Each animal is thought to have a proper pleasure, as it has a proper function; viz. that which corresponds to its activity. If we survey them species by species, too, this will be evident; horse, dog, and man have different pleasures, as Heraclitus says 'asses would prefer sweepings to gold'; for food is pleasanter than gold to asses. So the pleasures of creatures different in kind differ in kind, and it is plausible to suppose that those of a single species do not differ. But they vary to no small extent, in the case of men at least; the same things delight some people and pain others, and are painful and odious to some, and pleasant to and liked by others. This happens, too, in the case of sweet things; the same things do not seem sweet to a man in a fever and a healthy manner hot to a weak man and one in good condition. The same happens in other cases. But in all such matters that which appears to the good man is thought to be really so. If this is correct, as it seems to be, and virtue and the good man as such are the measure of each thing, those also will be pleasures which appear so to him, and those things pleasant which he enjoys. If the things he finds tiresome seem pleasant to some one, that is nothing surprising; for men may be ruined and spoiled in many ways; but the things are not pleasant, but only pleasant to these people and to people in this condition. Those which are admittedly disgraceful plainly should not be said to be pleasures, except to a perverted taste; but of those that are thought to be good what kind of pleasure or what pleasure should be said to be that proper to man? Is it not plain from the corresponding activities? The pleasures follow these. Whether, then, the perfect and supremely happy man has one or more activities, the pleasures that perfect these will be said in the strict sense to be pleasures proper to man, and the rest will be so in a secondary and fractional way, as are the activities.

- 6 Now that we have spoken of the virtues, the forms of friendship, and the varieties of pleasure, what remains is to discuss in outline the nature of happiness, since this is what we state the end of human nature to be. Our discussion will be the more concise if we first sum up what we have said already. We said, then, that it is not a disposition; for if it were it might belong to some one who was asleep throughout his life, living the life of a plant, or, again, to some one who was suffering the greatest misfortunes. If these implications are unacceptable, and we must rather class happiness as an activity, as we have said before, and if some activities are necessary, and desirable for the sake of something else, while others are so in themselves, evidently happiness must be placed among those desirable in themselves, not among those desirable for the sake of something else; for happiness does not lack anything, but is self-sufficient. Now those activities are desirable in themselves from which nothing is sought beyond the activity. And of this nature virtuous actions are thought to be; for to do noble and good deeds is a thing desirable for its own sake.

Pleasant amusements also are thought to be of this nature; we choose them not for the sake of other things; for we are injured rather than benefited by them, since we are led to neglect our bodies and our property. But most of the people who are deemed happy take refuge in such pastimes, which is the reason why those who are ready-witted at them are highly esteemed at the courts of tyrants; they make themselves pleasant companions in the tyrants' favourite pursuits, and that is the sort of man they want. Now these things are thought to be of the nature of happiness because people in despotic positions spend their leisure in them, but perhaps such people prove nothing; for virtue and reason, from which good activities flow, do not depend on despotic position; nor, if these people, who have never tasted pure and generous pleasure, take refuge in the bodily pleasures, should these for that reason be thought more desirable; for boys, too, think the things that are valued among themselves are the best. It is to be expected, then, that, as different things seem valuable to boys and to men, so they should to bad men and to good. Now, as we have often maintained, those things are both valuable and pleasant which are such to the good man; and to each man the activity in accordance with his own disposition is most desirable, and, therefore, to the good man that which is in accordance with virtue.

Happiness, therefore, does not lie in amusement; it would, indeed, be strange if the end were amusement, and one were to take trouble and suffer hardship all one's life in order to amuse oneself. For, in a word, everything that we choose we choose for the sake of something else—except happiness, which is an end. Now to exert oneself and work for the sake of amusement

seems silly and utterly childish. But to amuse oneself in order that one may exert oneself, as Anacharsis puts it, seems right; for amusement is a sort of relaxation, and we need relaxation because we cannot work continuously. Relaxation, then, is not an end; for it is taken for the sake of activity.

The happy life is thought to be virtuous; now a virtuous life requires exertion, and does not consist in amusement. And we say that serious things are better than laughable things and those connected with amusement, and that the activity of the better of any two things-whether it be two elements of our being or two men-is the more serious; but the activity of the better is ipso facto superior and more of the nature of happiness. And any chance person-even a slave-can enjoy the bodily pleasures no less than the best man; but no one assigns to a slave a share in happiness-unless he assigns to him also a share in human life. For happiness does not lie in such occupations, but, as we have said before, in virtuous activities.

7 If happiness is activity in accordance with virtue, it is reasonable that it should be in accordance with the highest virtue; and this will be that of the best thing in us. Whether it be reason or something else that is this element which is thought to be our natural ruler and guide and to take thought of things noble and divine, whether it be itself also divine or only the most divine element in us, the activity of this in accordance with its proper virtue will be perfect happiness. That this activity is contemplative we have already said.

Now this would seem to be in agreement both with what we said before and with the truth. For, firstly, this activity is the best (since not only is reason the best thing in us, but the objects of reason are the best of knowable objects); and secondly, it is the most continuous, since we can contemplate truth more continuously than we can do anything. And we think happiness has pleasure mingled with it, but the activity of philosophic wisdom is admittedly the pleasantest of virtuous activities; at all events the pursuit of it is thought to offer pleasures marvellous for their purity and their enduringness, and it is to be expected that those who know will pass their time more pleasantly than those who inquire. And the self-sufficiency that is spoken of must belong most to the contemplative activity. For while a philosopher, as well as a just man or one possessing any other virtue, needs the necessities of life, when they are sufficiently equipped with things of that sort the just man needs people towards whom and with whom he shall act justly, and the temperate man, the brave man, and each of the others is in the same case, but the philosopher, even when by himself, can contemplate truth, and the better the wiser he is; he can perhaps do so better if he has fellow-workers, but still he is the most self-sufficient. And this activity alone would seem to be loved for its own sake; for nothing arises from it apart from the contemplating, while from practical activities we gain more or less apart from the action. And happiness is thought to depend on leisure; for we are busy that we may have leisure, and make war that we may live in peace. Now the activity of the practical virtues is exhibited in political or military affairs, but the actions concerned with these seem to be unpleasurable. Warlike actions are completely so (for no one chooses to be at war, or provokes war, for the sake of being at war; any one would seem absolutely murderous if he were to make enemies of his friends in order to bring about battle and slaughter); but the action of the statesman is also unpleasurable, and apart from the political action itself-aims at despotic power and honours, or at all events happiness, for him and his fellow citizens-a happiness different from political action, and evidently sought as being different. So if among virtuous actions political and military actions are distinguished by nobility and greatness, and these are unpleasurable and aim at an end and are not desirable for their own sake, but the activity of reason, which is contemplative, seems both to be superior in serious worth and to aim at no end beyond itself, and to have its pleasure proper to itself (and this augments the activity), and the self-sufficiency, leisureliness, unweariedness (so far as this is possible for man), and all the other attributes ascribed to the supremely happy man are evidently those connected with this activity, it follows that this will be the complete happiness of man, if it be allowed a complete term of life (for none of the attributes of happiness is incomplete).

But such a life would be too high for man; for it is not in so far as he is man that he will live so, but in so far as something divine is present in him; and by so much as this is superior to our composite nature is its activity superior to that which is the exercise of the other kind of virtue. If reason is divine, then, in comparison with man, the life according to it is divine in comparison with human life. But we must not follow those who advise us, being men, to think of human

things, and, being mortal, of mortal things, but must, so far as we can, make ourselves immortal, and strain every nerve to live in accordance with the best thing in us; for even if it be small in bulk, much more does it in power and worth surpass everything. This would seem, too, to be each man himself, since it is the authoritative and better part of him. It would be strange, then, if he were to choose not the life of his self but that of something else. And what we said before will apply now; that which is proper to each thing is by nature best and most pleasant for each thing; for man, therefore, the life according to reason is best and pleasantest, since reason more than anything else is man. This life therefore is also the happiest.

[section 8 removed]

- 9 If these matters and the virtues, and also friendship and pleasure, have been dealt with sufficiently in outline, are we to suppose that our programme has reached its end? Surely, as the saying goes, where there are things to be done the end is not to survey and recognize the various things, but rather to do them; with regard to virtue, then, it is not enough to know, but we must try to have and use it, or try any other way there may be of becoming good. Now if arguments were in themselves enough to make men good, they would justly, as Theognis says, have won very great rewards, and such rewards should have been provided; but as things are, while they seem to have power to encourage and stimulate the generous-minded among our youth, and to make a character which is gently born, and a true lover of what is noble, ready to be possessed by virtue, they are not able to encourage the many to nobility and goodness. For these do not by nature obey the sense of shame, but only fear, and do not abstain from bad acts because of their baseness but through fear of punishment; living by passion they pursue their own pleasures and the means to them, and and the opposite pains, and have not even a conception of what is noble and truly pleasant, since they have never tasted it. What argument would remould such people? It is hard, if not impossible, to remove by argument the traits that have long since been incorporated in the character; and perhaps we must be content if, when all the influences by which we are thought to become good are present, we get some tincture of virtue.

Now some think that we are made good by nature, others by habituation, others by teaching. Nature's part evidently does not depend on us, but as a result of some divine causes is present in those who are truly fortunate; while argument and teaching, we may suspect, are not powerful with all men, but the soul of the student must first have been cultivated by means of habits for noble joy and noble hatred, like earth which is to nourish the seed. For he who lives as passion directs will not hear argument that dissuades him, nor understand it if he does; and how can we persuade one in such a state to change his ways? And in general passion seems to yield not to argument but to force. The character, then, must somehow be there already with a kinship to virtue, loving what is noble and hating what is base.

But it is difficult to get from youth up a right training for virtue if one has not been brought up under right laws; for to live temperately and hardily is not pleasant to most people, especially when they are young. For this reason their nurture and occupations should be fixed by law; for they will not be painful when they have become customary. But it is surely not enough that when they are young they should get the right nurture and attention; since they must, even when they are grown up, practise and be habituated to them, we shall need laws for this as well, and generally speaking to cover the whole of life; for most people obey necessity rather than argument, and punishments rather than the sense of what is noble.

This is why some think that legislators ought to stimulate men to virtue and urge them forward by the motive of the noble, on the assumption that those who have been well advanced by the formation of habits will attend to such influences; and that punishments and penalties should be imposed on those who disobey and are of inferior nature, while the incurably bad should be completely banished. A good man (they think), since he lives with his mind fixed on what is noble, will submit to argument, while a bad man, whose desire is for pleasure, is corrected by pain like a beast of burden. This is, too, why they say the pains inflicted should be those that are most opposed to the pleasures such men love.

However that may be, if (as we have said) the man who is to be good must be well trained and habituated, and go on to spend his time in worthy occupations and neither willingly nor

unwillingly do bad actions, and if this can be brought about if men live in accordance with a sort of reason and right order, provided this has force,-if this be so, the paternal command indeed has not the required force or compulsive power (nor in general has the command of one man, unless he be a king or something similar), but the law has compulsive power, while it is at the same time a rule proceeding from a sort of practical wisdom and reason. And while people hate men who oppose their impulses, even if they oppose them rightly, the law in its ordaining of what is good is not burdensome.

In the Spartan state alone, or almost alone, the legislator seems to have paid attention to questions of nurture and occupations; in most states such matters have been neglected, and each man lives as he pleases, Cyclops-fashion, 'to his own wife and children dealing law'. Now it is best that there should be a public and proper care for such matters; but if they are neglected by the community it would seem right for each man to help his children and friends towards virtue, and that they should have the power, or at least the will, to do this.

It would seem from what has been said that he can do this better if he makes himself capable of legislating. For public control is plainly effected by laws, and good control by good laws; whether written or unwritten would seem to make no difference, nor whether they are laws providing for the education of individuals or of groups-any more than it does in the case of music or gymnastics and other such pursuits. For as in cities laws and prevailing types of character have force, so in households do the injunctions and the habits of the father, and these have even more because of the tie of blood and the benefits he confers; for the children start with a natural affection and disposition to obey. Further, private education has an advantage over public, as private medical treatment has; for while in general rest and abstinence from food are good for a man in a fever, for a particular man they may not be; and a boxer presumably does not prescribe the same style of fighting to all his pupils. It would seem, then, that the detail is worked out with more precision if the control is private; for each person is more likely to get what suits his case.

But the details can be best looked after, one by one, by a doctor or gymnastic instructor or any one else who has the general knowledge of what is good for every one or for people of a certain kind (for the sciences both are said to be, and are, concerned with what is universal); not but what some particular detail may perhaps be well looked after by an unscientific person, if he has studied accurately in the light of experience what happens in each case, just as some people seem to be their own best doctors, though they could give no help to any one else. None the less, it will perhaps be agreed that if a man does wish to become master of an art or science he must go to the universal, and come to know it as well as possible; for, as we have said, it is with this that the sciences are concerned.

And surely he who wants to make men, whether many or few, better by his care must try to become capable of legislating, if it is through laws that we can become good. For to get any one whatever-any one who is put before us-into the right condition is not for the first chance comer; if any one can do it, it is the man who knows, just as in medicine and all other matters which give scope for care and prudence.

Must we not, then, next examine whence or how one can learn how to legislate? Is it, as in all other cases, from statesmen? Certainly it was thought to be a part of statesmanship. Or is a difference apparent between statesmanship and the other sciences and arts? In the others the same people are found offering to teach the arts and practising them, e.g. doctors or painters; but while the sophists profess to teach politics, it is practised not by any of them but by the politicians, who would seem to do so by dint of a certain skill and experience rather than of thought; for they are not found either writing or speaking about such matters (though it were a nobler occupation perhaps than composing speeches for the law-courts and the assembly), nor again are they found to have made statesmen of their own sons or any other of their friends. But it was to be expected that they should if they could; for there is nothing better than such a skill that they could have left to their cities, or could prefer to have for themselves, or, therefore, for those dearest to them. Still, experience seems to contribute not a little; else they could not have become politicians by familiarity with politics; and so it seems that those who aim at knowing about the art of politics need experience as well.

But those of the sophists who profess the art seem to be very far from teaching it. For, to put the matter generally, they do not even know what kind of thing it is nor what kinds of things it is about; otherwise they would not have classed it as identical with rhetoric or even inferior to it, nor have thought it easy to legislate by collecting the laws that are thought well of; they say it is possible to select the best laws, as though even the selection did not demand intelligence and as though right judgement were not the greatest thing, as in matters of music. For while people experienced in any department judge rightly the works produced in it, and understand by what means or how they are achieved, and what harmonizes with what, the inexperienced must be content if they do not fail to see whether the work has been well or ill made—as in the case of painting. Now laws are as it were the 'works' of the political art; how then can one learn from them to be a legislator, or judge which are best? Even medical men do not seem to be made by a study of text-books. Yet people try, at any rate, to state not only the treatments, but also how particular classes of people can be cured and should be treated—distinguishing the various habits of body; but while this seems useful to experienced people, to the inexperienced it is valueless. Surely, then, while collections of laws, and of constitutions also, may be serviceable to those who can study them and judge what is good or bad and what enactments suit what circumstances, those who go through such collections without a practised faculty will not have right judgement (unless it be as a spontaneous gift of nature), though they may perhaps become more intelligent in such matters.

Now our predecessors have left the subject of legislation to us unexamined; it is perhaps best, therefore, that we should ourselves study it, and in general study the question of the constitution, in order to complete to the best of our ability our philosophy of human nature. First, then, if anything has been said well in detail by earlier thinkers, let us try to review it; then in the light of the constitutions we have collected let us study what sorts of influence preserve and destroy states, and what sorts preserve or destroy the particular kinds of constitution, and to what causes it is due that some are well and others ill administered. When these have been studied we shall perhaps be more likely to see with a comprehensive view, which constitution is best, and how each must be ordered, and what laws and customs it must use, if it is to be at its best. Let us make a beginning of our discussion.

THE END